

March 5, 2017

First Sunday in Lent

8:00 a.m. – Said Eucharist

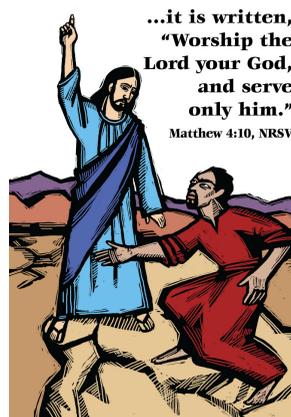
## Welcome

*Large Print service leaflets are available*

Celebrant & Preacher: The Rev. Canon Mark Kinghan

Readers: Rudy Powell, Raj Sircar

Anointer: Raj Sircar



### The Gathering of the Community

*Celebrant* Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

*People* **And also with you.**

*Celebrant* Cast your burden upon the Lord,

*People* **And he will sustain you.**

*Celebrant* Create in me a clean heart, O God,

*People* **And renew a right spirit within me.**

*Celebrant* Cast me not away from your presence

*People* **And take not your Holy Spirit from me.**

*Celebrant* Give me the joy of your saving help again

*People* **And sustain me with your bountiful Spirit.**

*Celebrant* Blessed be the Lord day by day,

*People* **The God of our salvation, who bears our burdens.**

### Confession and Absolution

*Celebrant* Christ the light of the world has come to dispel the darkness of our hearts. In his light let us examine ourselves and confess our sins.

We confess to you our selfishness and lack of love: fill us with your Spirit. Lord, have mercy.

*People* **Lord, have mercy.**

*Celebrant* We confess to you our fear and failure in sharing our faith: fill us with your Spirit. Christ, have mercy.

*People* **Christ, have mercy.**

*Celebrant* We confess to you our stubbornness and lack of trust: fill us with your Spirit. Lord, have mercy.

*People* **Lord, have mercy.**

*Celebrant* May God who loved the world so much that he sent his Son to be our Saviour forgive us our sins.

*People* **And make us holy to serve him in the world, through Jesus Christ our Lord. Amen.**

**The Peace**

*Celebrant* Peace before us; Peace behind us; Peace under our feet.  
Peace within us; Peace over us; Let all around us be peace.  
The Peace of the Lord Jesus Christ be always with you.

*People* **And also with you.**

**Hymn #175 “Forty Days and Forty Nights”**

Text by George Hunt Smyttan

- |   |  |   |  |
|---|--|---|--|
| 1 | Forty days and forty nights<br>you were fasting in the wild,<br>forty days and forty nights<br>tempted, and yet undefiled: | 3 | Shall not we your trials share,<br>learn your discipline of will,<br>and with you by fast and prayer<br>wrestle with the powers of hell? |
|---|--|---|--|

**Collect of the Day**

*Celebrant* Let us pray.

*People* **Spirit of the desert, you drove Jesus to the edge of the world to seek your truth and find his calling: scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds. Amen.**

**The Proclamation of the Word**

First Reading:

Genesis 2:15–17;3:1–7

*Reader* A reading from the Book of Genesis.

<sup>15</sup>The Lord God took the man and put him in the garden of Eden to till it and keep it.  
<sup>16</sup>And the Lord God commanded the man, “You may freely eat of every tree of the garden;  
<sup>17</sup>but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

<sup>1</sup>Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” <sup>2</sup>The woman said to the serpent, “We may eat of the fruit of the trees in the garden; <sup>3</sup>but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” <sup>4</sup>But the serpent said to the woman, “You will not die; <sup>5</sup>for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” <sup>6</sup>So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with

her, and he ate. <sup>7</sup>Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## Psalm 32

- 1 Happy are they whose transgressions are forgiven,  
and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt,  
and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away,  
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night;  
my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you,  
and did not conceal my guilt.
- 6 I said, “I will confess my transgressions to the Lord.”  
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble;  
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;  
you preserve me from trouble;  
you surround me with shouts of deliverance.
- 9 “I will instruct you and teach you in the way that you should go;  
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding;  
who must be fitted with bit and bridle,  
or else they will not stay near you.”
- 11 Great are the tribulations of the wicked;  
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord;  
shout for joy, all who are true of heart.

## 5

**Watch over us, loving God, and when we fall into sin teach us to acknowledge our guilt. May we forgive and be forgiven, for the sake of the one who was wounded for our transgressions, Jesus Christ your Son our Saviour. Amen.**

Second Reading:

Romans 5:12–19

*Reader* A reading from the Letter of Paul to the Romans.

<sup>12</sup>Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— <sup>13</sup>sin was indeed in the world before the law, but sin is not reckoned when there is no law. <sup>14</sup>Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

<sup>15</sup>But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. <sup>16</sup>And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. <sup>17</sup>If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

<sup>18</sup>Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. <sup>19</sup>For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

Holy Gospel:

Matthew 4:1–11

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* **Glory be to thee, O Lord.**

<sup>1</sup>Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. <sup>2</sup>He fasted for forty days and forty nights, and afterwards he was famished. <sup>3</sup>The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." <sup>4</sup>But he answered, "It is written,

'One does not live by bread alone,

but by every word that comes from the mouth of God.'"

## 6

<sup>5</sup>Then the devil took him to the holy city and placed him on the pinnacle of the temple, <sup>6</sup>saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'

and 'On their hands they will bear you up,

so that you will not dash your foot against a stone.'"

<sup>7</sup>Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

<sup>8</sup>Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; <sup>9</sup>and he said to him, "All these I will give you, if you will fall down and worship me." <sup>10</sup>Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,

and serve only him.'"

<sup>11</sup>Then the devil left him, and suddenly angels came and waited on him.

*Celebrant* The Gospel of Christ.

*People* **Praise be to thee, O Christ.**

Sermon

*A time for silent reflection is kept.*

**The Apostles' Creed**

*People* **I believe in God the Father almighty, maker of heaven and earth:  
And in Jesus Christ his only Son our Lord, who was conceived by the Holy  
Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified,  
dead, and buried; he descended into hell; the third day he rose again from the  
dead; he ascended into heaven, and sitteth on the right hand of God the  
Father almighty; from thence he shall come to judge the quick and the dead.  
I believe in the Holy Ghost; the holy catholic Church; the communion of saints;  
the forgiveness of sins; the resurrection of the body, and the life everlasting.  
Amen.**

**The Prayers of the People**

## The Celebration of the Eucharist

### The Prayer over the Gifts

*Celebrant* Let us pray.

*People* **God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. Amen.**

### The Great Thanksgiving Eucharistic Prayer A

Proper Preface Lent

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

*Celebrant* It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

*People* **Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.**

**Blessed is he that cometh in the name of the Lord: Hosanna in the highest.**

*Celebrant* Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

*People* **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

*Celebrant* And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

### Prayer for Anointing

#### The Lord's Prayer

*Celebrant* And now, as our Saviour Christ hath taught us, we are bold to say:

*People* **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

**The Breaking of the Bread**

*Celebrant* Christ our Passover is sacrificed for us;

*People* **Therefore, let us keep the feast.**

*All are invited to share in Communion. If you would rather not receive the bread and wine, please feel free to come forward for a blessing.*

*Today being the first Sunday of the month, we will offer the prayer ministry of anointing. If you would like to receive this ministry, please come forward.*

**Prayer for Anointing**

**Prayer of Thanksgiving**

*People* **Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.**

**Announcements**

Prayers for Birthdays and Anniversaries

Services

Sunday	8:00 a.m.	Said Eucharist (BAS 1962)
	9:00 a.m.	Mandarin Fellowship
	10:30 a.m.	Sung Eucharist (BAS)
		3rd Sunday of the month (AAWE)

BAS 1962 (Book of Alternate Services) uses the 1962 rite which is the traditional language as in the BCP (Book of Common Prayer)

Mandarin Fellowship is offered in the Sanctuary. We hope our Mandarin Fellowship can be a “harbour for love,” where we seek truth together, while experiencing and receiving the abundant grace of God.

衷心欢迎您来到圣乔治教会大家庭，我们的国语团契每周日上午9点举行主日聚会。

盼望国语团契可以成为一个爱的港湾，在这里我们一起寻求上帝的真理，一起经历上帝的同在，一起领受上帝的恩典。

BAS (Book of Alternate Services) uses contemporary, inclusive-language

AAWE (Amazing, Awesome, Alternate Worship Experience) is a Communion service that is more informal with alternative music and prayers

Incumbent	The Rev. Canon Mark Kinghan
Assistant Curate	The Rev. Leonard Leader
Honorary Associate	The Rev. Canon Sister Constance Joanna Gefvert, SSJD
Associate, Mandarin Ministry	Morning Wang
Student Intern	James Yu
Organist & Director of Music	Michael Leach
Parish Administrator	Craig Gustafson
Custodian	Philip Ikhuoria
Churchwardens	
People’s Warden	Max Wynter
Rector’s Warden	Aili Maki