

March 19, 2017

Third Sunday of Lent

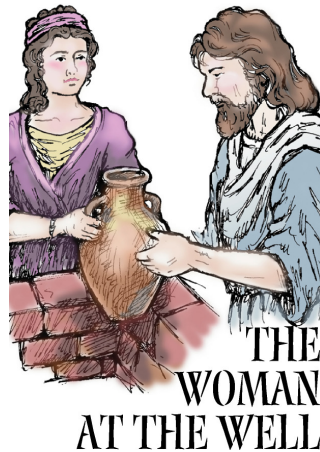
8:00 a.m. – Said Eucharist

Welcome

Large Print service leaflets are available

Celebrant & Preacher: The Rev. Canon Mark Kinghan

Readers: Scott McFarlane, Bobbi McFarlane



The Gathering of the Community

Celebrant Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you.

People **And also with you.**

Celebrant Cast your burden upon the Lord,

People **And he will sustain you.**

Celebrant Create in me a clean heart, O God,

People **And renew a right spirit within me.**

Celebrant Cast me not away from your presence

People **And take not your Holy Spirit from me.**

Celebrant Give me the joy of your saving help again

People **And sustain me with your bountiful Spirit.**

Celebrant Blessed be the Lord day by day,

People **The God of our salvation, who bears our burdens.**

Confession and Absolution

Celebrant Christ the light of the world has come to dispel the darkness of our hearts. In his light let us examine ourselves and confess our sins.

We confess to you our selfishness and lack of love: fill us with your Spirit. Lord, have mercy.

People **Lord, have mercy.**

Celebrant We confess to you our fear and failure in sharing our faith: fill us with your Spirit. Christ, have mercy.

People **Christ, have mercy.**

Celebrant We confess to you our stubbornness and lack of trust: fill us with your Spirit. Lord, have mercy.

People **Lord, have mercy.**

Celebrant May God who loved the world so much that he sent his Son to be our Saviour forgive us our sins.

People **And make us holy to serve him in the world, through Jesus Christ our Lord. Amen.**

The Peace

Celebrant Peace before us; Peace behind us; Peace under our feet.
Peace within us; Peace over us; Let all around us be peace.
The Peace of the Lord Jesus Christ be always with you.

People **And also with you.**

Hymn #508 "I Heard the Voice of Jesus Say"

Text by Horatius Bonar

- | | |
|---|---|
| <p>1 I heard the voice of Jesus say,
"Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast."
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.</p> | <p>3 I heard the voice of Jesus say,
"I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright."
I looked to Jesus and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.</p> |
|---|---|

Collect of the Day

Celebrant Let us pray.

People **Lord of the wellspring, source of life and truth: give us the courage of the Samaritan woman, so that we may receive living water, and worship you in spirit and in truth; through Jesus Christ who quenches our thirst with eternal life. Amen.**

The Proclamation of the Word

First Reading:

Exodus 17:1-7

Reader A reading from the Book of Exodus.

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" ³ But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴ So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." ⁵ The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out

of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 95

- 1 Come, let us sing to the Lord;
let us shout for joy to the rock of our salvation.
- 2 Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.
- 3 For the Lord is a great God,
and a great king above all gods.
- 4 In his hand are the caverns of the earth,
and the heights of the hills are his also.
- 5 The sea is his, for he made it,
and his hands have molded the dry land.
- 6 Come, let us bow down, and bend the knee,
and kneel before the Lord our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand.
Oh, that today you would hearken to his voice!
- 8 Harden not your hearts,
as your forebears did in the wilderness,
at Meribah, and on that day at Massah,
when they tempted me.
- 9 They put me to the test,
though they had seen my works.
- 10 Forty years long I detested that generation and said,
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath,
"They shall not enter into my rest."

Creator of all, we give you thanks for a world full of wonder, but above all because you have called us into a holy fellowship with you and with each other. Guide us in the ways of this your new creation, rooted and grounded in Jesus Christ our Lord. Amen.

Second Reading:

Romans 5:1–11

Reader A reading from the Letter of Paul to the Romans.

¹Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.

People **Thanks be to God.**

Holy Gospel:

John 4:5–42

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory be to thee, O Lord.**

⁵So [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” ⁸(His disciples had gone to the city to buy food.) ⁹The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) ¹⁰Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given

you living water.” ¹¹The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹²Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?” ¹³Jesus said to her, “Everyone who drinks of this water will be thirsty again, ¹⁴but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” ¹⁵The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.”

¹⁶Jesus said to her, “Go, call your husband, and come back.” ¹⁷The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband;’ ¹⁸for you have had five husbands, and the one you have now is not your husband. What you have said is true!” ¹⁹The woman said to him, “Sir, I see that you are a prophet. ²⁰Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.” ²¹Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²²You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴God is spirit, and those who worship him must worship in spirit and truth.” ²⁵The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” ²⁶Jesus said to her, “I am he, the one who is speaking to you.”

²⁷Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” ²⁸Then the woman left her water-jar and went back to the city. She said to the people, ²⁹“Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” ³⁰They left the city and were on their way to him.

³¹Meanwhile the disciples were urging him, “Rabbi, eat something.” ³²But he said to them, “I have food to eat that you do not know about.” ³³So the disciples said to one another, “Surely no one has brought him something to eat?” ³⁴Jesus said to them, “My food is to do the will of him who sent me and to complete his work. ³⁵Do you not say, ‘Four months more, then comes the harvest?’ But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷For here the saying holds true, ‘One sows and another reaps.’ ³⁸I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.”

³⁹Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” ⁴⁰So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹And many more believed because of his word. ⁴²They said to the woman, “It is no longer because of what you said

that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.”

Celebrant The Gospel of Christ.

People **Praise be to thee, O Christ.**

Sermon

A time for silent reflection is kept.

The Apostles' Creed

People **I believe in God the Father almighty, maker of heaven and earth:
And in Jesus Christ his only Son our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried; he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Ghost; the holy catholic Church; the communion of saints; the forgiveness of sins; the resurrection of the body, and the life everlasting. Amen.**

The Prayers of the People

The Celebration of the Eucharist

The Prayer over the Gifts

Celebrant Let us pray.

People **Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. Amen.**

The Great Thanksgiving

Eucharistic Prayer A

Proper Preface Lent

Celebrant The Lord be with you.

People **And with thy spirit.**

Celebrant Lift up your hearts.

People **We lift them up unto the Lord.**

Celebrant Let us give thanks unto our Lord God.

People **It is meet and right so to do.**

Celebrant It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God, creator and preserver of all things.

Who hast bidden us thy faithful people to cleanse our hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism, and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in works of love.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name; evermore praising thee and saying:

People **Holy, holy, holy, Lord God of Hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.**

Blessed is he that cometh in the name of the Lord: Hosanna in the highest.

Celebrant Blessing and glory and thanksgiving be unto thee, almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memorial of that his precious death, until his coming again.

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood; who, in the same night that he was betrayed, took bread; and, when he had given thanks, he brake it; and gave it to his disciples, saying, "Take, eat; this is my body which is given for you: Do this in remembrance of me."

Likewise after supper he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all, of this; for this is my blood of the new covenant, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Father, Lord of heaven and earth, we thy humble servants, with all thy holy Church, remembering the precious death of thy beloved Son, his mighty resurrection, and glorious ascension, and looking for his coming again in glory, do make before thee, in this sacrament of the holy bread of eternal life and the cup of everlasting salvation, the memorial which he hath commanded:

People **We praise thee, we bless thee, we thank thee, and we pray to thee, Lord our God.**

Celebrant And we entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving, most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion; And we pray that by the power of thy Holy Spirit, all we who are partakers of this holy communion may be fulfilled with thy grace and heavenly benediction; through Jesus Christ our Lord, by whom and with whom, in the unity of the Holy Spirit, all honour and glory be unto thee, O Father Almighty, world without end. **Amen.**

The Lord’s Prayer

Celebrant And now, as our Saviour Christ hath taught us, we are bold to say:
People **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

The Breaking of the Bread

Celebrant Christ our Passover is sacrificed for us;
People **Therefore, let us keep the feast.**

All are invited to share in Communion. If you would rather not receive the bread and wine, please feel free to come forward for a blessing.

Prayer of Thanksgiving

People **Almighty and everliving God, We most heartily thank thee That thou dost graciously feed us, in these holy mysteries, With the spiritual food of the most precious body and blood Of thy Son our Saviour Jesus Christ; Assuring us thereby of thy favour and goodness towards us; And that we are living members of his mystical Body, Which is the blessed company of all faithful people; And are also heirs through hope of thy everlasting kingdom. And here we offer and present unto thee, O Lord, Ourselves, our souls and bodies, To be a reasonable, holy, and living sacrifice unto thee. And although we are unworthy, Yet we beseech thee to accept this our bounden duty and service, Not weighing our merits, but pardoning our offences; Through Jesus Christ our Lord, To whom, with thee and the Holy Spirit, be all honour and glory, World without end. Amen.**

Announcements

Services		
Sunday	8:00 a.m.	Said Eucharist (BAS 1962)
	9:00 a.m.	Mandarin Fellowship
	10:30 a.m.	Sung Eucharist (BAS)
		3rd Sunday of the month (AAawe)
<p>BAS 1962 (Book of Alternate Services) uses the 1962 rite which is the traditional language as in the BCP (Book of Common Prayer)</p> <p>Mandarin Fellowship is offered in the Sanctuary. We hope our Mandarin Fellowship can be a “harbour for love,” where we seek truth together, while experiencing and receiving the abundant grace of God.</p> <p>衷心欢迎您来到圣乔治教会大家庭，我们的国语团契每周日上午9点举行主日聚会。</p> <p>盼望国语团契可以成为一个爱的港湾，在这里我们一起寻求上帝的真理，一起经历上帝的同在，一起领受上帝的恩典。</p> <p>BAS (Book of Alternate Services) uses contemporary, inclusive-language</p> <p>AAawe (Amazing, Awesome, Alternate Worship Experience) is a Communion service that is more informal with alternative music and prayers</p>		

Incumbent	The Rev. Canon Mark Kinghan
Assistant Curate	The Rev. Leonard Leader
Honorary Associate	The Rev. Canon Sister Constance Joanna Gefvert, SSJD
Associate, Mandarin Ministry	Morning Wang
Student Intern	James Yu
Organist & Director of Music	Michael Leach
Parish Administrator	Craig Gustafson
Custodian	Philip Ikhuoria