

Feb. 26, 2023

First Sunday in Lent

10:00 a.m. – Sung Eucharist

Welcome

Hearing Assistive Devices and Large Print service leaflets are available Please ask an usher for assistance

Please ask an usher for a copy of the service music



There is no Sunday school today; activity bulletins are available at the welcome table.

The Gathering of the Community

Processional Hymn #175 "Forty Days and Forty Nights"

Text by George Hunt Smyttan

- 1 Forty days and forty nights you were fasting in the wild, forty days and forty nights tempted, and yet undefiled:
- burning heat throughout the day, bitter cold when light had fled, prowling beasts around your way, stones your pillow, earth your bed.
- 3 Shall not we your trials share, learn your discipline of will, and with you by fast and prayer wrestle with the powers of hell?

- So if Satan, pressing hard, soul and body would destroy,
 Christ who conquered, be our guard; give to us the victor's joy.
- Saviour, may we hear your voice keep us constant at your side; and with you we shall rejoice at the eternal Fastertide.

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the

Holy Spirit, be with you all.

People And also with you.

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Collect for Purity

Celebrant Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are

hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name;

through Christ our Lord. Amen.

Kyrie Eleison [Michael Leach]

Cantor Kyrie eleison.

People Kyrie eleison. Kyrie eleison.

Cantor Christe eleison.

People Christe eleison. Christe eleison.

Cantor Kyrie eleison.

People Kyrie eleison. Kyrie eleison.

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Collect of the Day

Celebrant Let us pray.

People

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Word

First Reading: Genesis 2:15–17;3:1–7

Reader A reading from the Book of Genesis.

¹⁵ The Lord God took the man and put him in the garden of Eden to till it and keep it.

¹⁶ And the Lord God commanded the man, "You may freely eat of every tree of the garden;

¹⁷ And the Lord God commanded the man, "You may freely eat of every tree of the garden;

 17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

¹ Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden?'" ² The woman said to the serpent, "We may eat of the fruit of the trees in the garden; ³ but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" ⁴ But the serpent said to the woman, "You

will not die; ⁵ for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." ⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷ Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.
People Thanks be to God.

Psalm 32

- How happy they the Lord forgives,
 Whose sin is put away;
 To whom the Lord imputes no guilt,
 In whom no guile holds sway!
- I held my tongue, my bones dried up, I groaned day in, day out; Your hand weighed down, my flesh was dry, As in mid-summer drought.
- 3 Then I acknowledged all my sin, Confessed it openly; I said, "I will admit my sin," And you, Lord, set me free.

Arrangement by Christopher L. Webber Tune Hymn #116 Irish

- 4 The faithful all will make their prayers
 To you in time of woe;
 The water-floods will not reach them
 Although they overflow.
- You hide me and preserve me, Lord,
 In all adversity;
 You strengthen me on every side
 With shouts of victory.

Second Reading: Romans 5:12–19

Reader A reading from the Letter of Paul to the Romans.

 12 Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned— 13 sin was indeed in the world before the law, but sin is not reckoned when there is no law. 14 Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵ But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. ¹⁶ And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷ If, because of the one man's

trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸ Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. ¹⁹ For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.
People Thanks be to God.

Gradual Hymn #360 "Bless the Lord, My Soul"

Psalm 103:1–2; paraphrase by Taizé Community (France)

Bless the Lord, my soul, and bless God's holy name. Bless the Lord, my soul, who leads me into life.

Repeat as needed.

Holy Gospel: Matthew 4:1–11

Subdeacon The Lord be with you.

People And also with you.

Subdeacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Jesus Christ.

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²He fasted for forty days and forty nights, and afterwards he was famished. ³The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'"

⁵ Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶ saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" ⁷ Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; ⁹ and he said to him, "All these I will give you, if you will fall

down and worship me." ¹⁰ Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'"

¹¹Then the devil left him, and suddenly angels came and waited on him.

Subdeacon The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Sermon

A time for silent reflection is kept.

The Apostles' Creed page 189

Celebrant Let us confess the faith of our baptism, as we say,

People I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Leader We pray to you, Lord.
People Lord, have mercy.

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

We confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace page 192

Celebrant The peace of the Lord be always with you.

People And also with you.

The Celebration of the Eucharist

Offertory Hymn #171 "What Does the Lord Require"

Text by Albert Frederick Bayly

- What does the Lord require for praise and offering? What sacrifice, desire, or tribute bid you bring? Do justly; love mercy; walk humbly with your God.
- 2 Rulers of earth, give ear! Should you not justice know? Will God your pleading hear, while crime and cruelty grow? Do justly; love mercy; walk humbly with your God.
- 3 All who gain wealth by trade, for whom the worker toils, think not to win God's aid, if greed your commerce soils. Do justly; love mercy; walk humbly with your God.
- 4 How shall our life fulfill
 God's law so hard and high?
 Let Christ endue our will
 with grace to fortify.
 Then justly, in mercy,
 we'll humbly walk with God.

The Prayer over the Gifts

Celebrant Let us pray.

People God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. Amen.

Eucharistic Prayer #3

page 198

Proper Preface Lent 2

Celebrant The Lord be with you.

page 220

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People

It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

> Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Michael Leach

Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body

> After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command.

People

we remember his death, we proclaim his resurrection, we await his coming in glory;

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

which is given for you. Do this for the remembrance of me."

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. Amen.

The Lord's Prayer [Michael Leach]

Celebrant As our Saviour taught us, let us pray,

People

Our Father in heav'n, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread #7

page 213

Celebrant We break this bread,

People Communion in Christ's body once broken.

Celebrant Let your Church be the wheat which bears its fruit in dying.

People

If we have died with him, we shall live with him; if we hold firm, we shall reign

with him.

Lamb of God [Hymn #690]

page 226

Lamb of God, you take away the sins of the world: People

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace.

The Communion page 213

Celebrant The gifts of God for the People of God.

People Thanks be to God.

Prayer for Spiritual Communion

Celebrant Dear friends, if you are present or elsewhere and are unable to receive the sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let us pray.

People

Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of the reign of God. In your name I pray. Amen.

All baptized persons are welcome to receive Holy Communion.

Communion Hymn #52 "O God, Unseen Yet Ever Near"

Text by Edward Osler

- 1 O God, unseen yet ever near, your presence may we feel; and thus, inspired with holy fear, around your table kneel.
- 2 Here may your faithful people know the blessings of your love, the streams that through the desert flow, the manna from above.
- 3 We come, obedient to your word, to feast on heavenly food, to eat the body of the Lord, and drink his precious blood.
- 4 O living Bread, enduring Vine, your words we shall obey, and go, renewed with strength divine, rejoicing on our way.

Prayer of Thanksgiving

page 214

Celebrant All your works praise you, O Lord.

People

And your faithful servants bless you.

Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Blessing

Dismissal

Subdeacon Go in peace as we walk our Lenten journey; reflect; pray; continue to love and

serve the Lord.

Thanks be to God. People

Recessional Hymn #372 "Praise to the Holiest in the Height"

Text by John Henry Newman

- Praise to the Holiest in the height, and in the depth be praise, in all his words most wonderful, most sure in all his ways.
- O loving wisdom of our God! When all was sin and shame, a second Adam to the fight and to the rescue came.
- 3 O generous love! that flesh and blood, which did in Adam fail, should strive afresh against the foe, should strive and should prevail;

- and that the highest gift of grace should flesh and blood refine,
 God's presence, and his very self, and essence all-divine;
- 5 who in the garden secretly, and on the cross on high, should teach his followers, and inspire to suffer and to die.

Repeat stanza 1

Please join us in the parish hall for refreshments following the service.

Today's Scripture Readings

First Sunday in Lent

Gen 2:15-17,3:1-7 Psalm 32 Rom 5:12-19

Matthew 4:1-11

Next Sunday's Scripture Readings

Second Sunday in Lent

Gen 12:1-4a Psalm 121 Rom 4:1-5,13-17 John 3:1-17

We Remember in Prayer Today and This Week . . .

Congregation Cycle

Hazel P / Myta P / Prince Philip A & Subba P, Miraa & Miraa / Natalia A & Niko P

Celebrant & Preacher		Organist	Michael Leach
	The Rev. Leonard Leader	Altar Guild	Roshni Sircar
Subdeacon	Doug Heyes	Usher	Ann-Marie Waithe Powell
Intercessor	Geraldine Sperling	Duty Warden	Craig Robertson
Reader	Rudy Powel	Counters	John Pummell
Videographer	Egan Done		Felicity Leader

Territorial Acknowledgement

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

Instructions

The Common Cup is an important symbol in our Anglican tradition. It has been emphasized that receiving the consecrated bread alone is complete in itself, so those who aren't comfortable drinking from the Common Cup don't need to. The cup is now being offered to people who wish to return to drinking from the Common Cup.

For the time being, the parish leadership has decided to continue contact tracing, and ask that we continue wearing masks for the safety of others.

Please follow the Priest's and Usher's instructions for the service; and be respectful of everyone's comfort level with physical distancing and contact.

Thank you for joining us. Stay Safe