

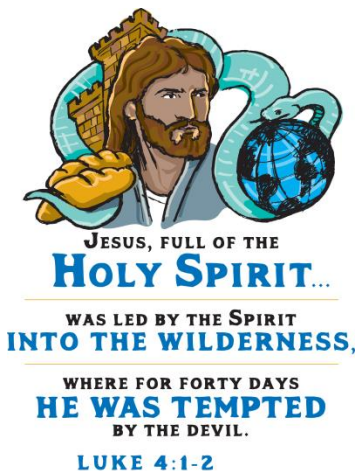
March 9, 2025

First Sunday in Lent

10:00 a.m. – Eucharist

Welcome

*Hearing Assistive Devices and Large Print service leaflets are available
Please ask an usher for assistance*



2

The Gathering of the Community

Opening Hymn #175 “Forty Days and Forty Nights” Text by George Hunt Smyttan

- | | |
|---|--|
| 1 Forty days and forty nights
you were fasting in the wild,
forty days and forty nights
tempted, and yet undefiled: | 4 So if Satan, pressing hard,
soul and body would destroy,
Christ who conquered, be our guard;
give to us the victor’s joy. |
| 2 burning heat throughout the day,
bitter cold when light had fled,
prowling beasts around your way,
stones your pillow, earth your bed. | 5 Saviour, may we hear your voice—
keep us constant at your side;
and with you we shall rejoice
at the eternal Eastertide. |
| 3 Shall not we your trials share,
learn your discipline of will,
and with you by fast and prayer
wrestle with the powers of hell? | |

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Collect for Purity

Celebrant Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Lent 1 The Great Litany

Leader God the Father, creator of heaven and earth,

All



Have mer - cy on us.

Leader God the Son, redeemer of the world,

All **Have mercy on us.**

3

Leader God the Holy Spirit, advocate and guide,

All **Have mercy on us.**

Leader Holy, blessed, and glorious Trinity, three persons and one God,

All **Have mercy on us.**

Leader Lord, remember not our offences, nor the offences of our forebears; spare us, good Lord, spare your people whom you have redeemed with your precious blood,

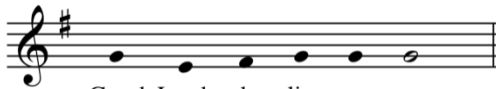
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Spare us, good Lord.

Leader From all evil and mischief; from sin, from the crafts and assaults of the devil; from your wrath, and from everlasting condemnation,

All



Good Lord, de - liv - er us.

Leader From all spiritual blindness, from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

All **Good Lord, deliver us.**

Leader From all deadly sin, and from all the deceits of the world, the flesh, and the devil,

All **Good Lord, deliver us.**

Leader From all false doctrine, heresy, and schism; from hardness of heart, and contempt of your word and commandment,

All **Good Lord, deliver us.**

Leader From earthquake and tempest; from drought, fire, and flood; from civil strife and violence; from war and murder; and from dying suddenly and unprepared,

All **Good Lord, deliver us.**

Leader By the mystery of your holy incarnation; by your baptism, fasting and temptation; and by your proclamation of the kingdom,

All **Good Lord, deliver us.**

4

Leader By your agony and bitter grief; by your cross and passion, by your precious death and burial, by your glorious resurrection and ascension, and by the coming of the Holy Spirit,

All **Good Lord, deliver us.**

Leader In our times of trouble, in our times of prosperity; in the hour of death, and on the day of judgment,

All **Good Lord, deliver us.**

Leader Receive now our prayers, Lord God. May it please you to rule and govern your holy Church universal and lead it in your way.

All



Hear us, good Lord.

Leader Bless and defend all who strive for our safety and protection, and shield them in all dangers and adversities.

All **Hear us, good Lord.**

Leader Grant wisdom and insight to all who govern us, and to judges and magistrates the grace to execute justice with mercy.

All **Hear us, good Lord.**

Leader Enlighten all bishops, priests, and deacons with true knowledge and understanding of your word; that in their preaching and living they may declare it clearly and show its truth.

All **Hear us, good Lord.**

Leader Encourage and prosper your servants who spread the gospel in all the world, and send out labourers into the harvest.

All **Hear us, good Lord.**

Leader Bless and keep your people, that all may find and follow their true vocation and ministry.

All **Hear us, good Lord.**

Leader Give us a heart to love and reverence you, that we may diligently live according to your commandments.

All **Hear us, good Lord.**

5

Leader To all your people give growth in grace to listen to your word, to receive it gladly, and to bring forth the fruit of the Spirit.

All **Hear us, good Lord.**

Leader Strengthen those who stand firm in the faith, encourage the faint-hearted, raise up those who fall, and finally beat down evil under our feet.

All **Hear us, good Lord.**

Leader To all nations grant unity, peace, and concord, and to all people give dignity, food, and shelter.

All **Hear us, good Lord.**

Leader Grant us abundant harvests, strength and skill to conserve the resources of the earth, and wisdom to use them well.

All **Hear us, good Lord.**

Leader Enlighten with your Spirit all who teach and all who learn.

All **Hear us, good Lord.**

Leader Come to the help of all who are in danger, necessity and trouble; protect all who travel by land, air, or water; and show your pity on all prisoners and captives.

All **Hear us, good Lord.**

Leader Strengthen and preserve all those who are in childbirth, and all young children, and comfort the aged and lonely.

All **Hear us, good Lord.**

Leader Defend and provide for the widowed and the orphaned, the refugees and the homeless, the unemployed, and all who are desolate and oppressed.

All **Hear us, good Lord.**

Leader Heal those who are sick in body or mind, and give skill and compassion to all who care for them.

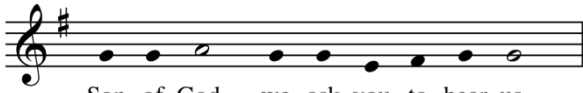
All **Hear us, good Lord.**

Leader Grant us true repentance, forgive our sins, and strengthen us by your Holy Spirit to amend our lives according to your holy word.

All **Hear us, good Lord.**

Leader Son of God, we ask you to hear us.

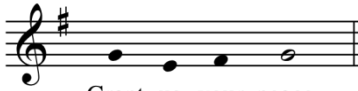
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Son of God, we ask you to hear us.

Leader Lamb of God, you take away the sins of the world:

All



Grant us your peace.

Leader Lord, have mercy.

All



Christ, have mer - cy.

Leader Lord, have mercy.

Absolution

page 191

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

Collect of the Day

Celebrant Let us pray.

People **God of the wilderness, your Spirit leads us to face the truth, unprotected and exposed: in our times of trial help us to resist the worship of empty power, so that we may find our true food in Jesus Christ, the broken bread. Amen.**

The Proclamation of the Word

First Reading:

Deuteronomy 26:1–11

Reader A reading from the Book of Deuteronomy.

¹When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, ²you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. ³You shall go to the priest who is in office at that time, and say to

him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." ⁴When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, ⁵you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. ⁶When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, ⁷we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. ⁸The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; ⁹and he brought us into this place and gave us this land, a land flowing with milk and honey. ¹⁰So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. ¹¹Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 91:1–2,9-16

- | | |
|--|--|
| <p>1 He who dwells in the shelter of the Most High,
abides under the shadow of the Almighty.</p> <p>2 He shall say to the Lord,
"You are my refuge and my stronghold,
my God in whom I put my trust."</p> <p>9 Because you have made the Lord your refuge,
and the Most High your habitation.</p> <p>10 There shall no evil happen to you,
neither shall any plague come near your dwelling.</p> <p>11 For he shall give his angels charge over you,
to keep you in all your ways.</p> | <p>12 They shall bear you in their hands,
lest you dash your foot against a stone.</p> <p>13 You shall tread upon the lion and adder;
you shall trample the young lion and the serpent under your feet.</p> <p>14 Because he is bound to me in love,
therefore will I deliver him;
I will protect him, because he knows my name.</p> <p>15 He shall call upon me, and I will answer him;
I am with him in trouble;
I will rescue him and bring him to honour.</p> <p>16 With long life will I satisfy him,
and show him my salvation.</p> |
|--|--|

Gracious God, in times of anxiety and stress, teach us to wait in quietness for your protection and defence, made known to us in Jesus Christ our Lord. Amen.

Second Reading:

Romans 10:8b–13

Reader A reading from the Letter of Paul to the Romans.

^{8b} “The word is near you,
on your lips and in your heart”

(that is, the word of faith that we proclaim); ⁹ because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹ The scripture says, “No one who believes in him will be put to shame.” ¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³ For, “Everyone who calls on the name of the Lord shall be saved.”

Reader The Word of the Lord.

People **Thanks be to God.**

Gospel Acclamation A

Your words, O Lord, are spi-rit and life; You have the

words of ev-er-last-ing life.

Cantor: If to-day you hear his voice, hard-en not your hearts.

All repeat the Acclamation

Holy Gospel:

Subdeacon The Lord be with you.

People **And also with you.**

Subdeacon The Holy Gospel of our Lord Jesus Christ according to Luke.

People **Glory to you, Lord Jesus Christ.**

¹ Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ² where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³ The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” ⁴ Jesus answered him, “It is written, ‘One does not live by bread alone.’”

⁵ Then the devil led him up and showed him in an instant all the kingdoms of the world. ⁶ And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷ If you, then, will worship me, it will all be yours.” ⁸ Jesus answered him, “It is written,

‘Worship the Lord your God,
and serve only him.’”

⁹ Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, ¹⁰ for it is written, ‘He will command his angels concerning you, to protect you,’

¹¹ and

‘On their hands they will bear you up,
so that you will not dash your foot against a stone.’”

¹² Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” ¹³ When the devil had finished every test, he departed from him until an opportune time.

Subdeacon The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Sermon

A time for silent reflection is kept.

The Apostles’ Creed

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Celebrant Let us confess the faith of our baptism, as we say,

People **I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the**

10

third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Peace

page 192

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Celebration of the Eucharist

Offertory Hymn #259 "For the Fruit of All Creation" Text by Fred Pratt Green

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|--|--|--|
| 1 For the fruit of all creation,
thanks be to God;
gifts bestowed on every nation,
thanks be to God.
For the ploughing, sowing, reaping, | 2 In the just reward of labour,
God's will is done.
In the help we give our neighbour,
God's will is done.
In our worldwide task of caring
for the hungry and despairing,
in the harvests we are sharing,
God's will is done. | 3 For the harvests of the Spirit,
thanks be to God.
For the good we all inherit,
thanks be to God.
For the wonders that astound us,
for the truths that still confound us,
most of all, that love has found us,
thanks be to God. |
|--|--|--|

The Prayer over the Gifts

Celebrant Let us pray.

People **God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. Amen.**

Eucharistic Prayer #3

Proper Preface Lent 1

Celebrant The Lord be with you.

People **And also with you.**

page 198

page 220

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore we raise our voices to you in praise to proclaim the glory of your name.

People **Holy, holy, holy Lord, Lord God of power and might, heaven and earth are full, full of your glory. Hosanna, hosanna, hosanna, hosanna in the highest.**

Hymn #722

Blessèd is He who comes, who comes in the name of the Lord. Hosanna, hosanna, hosanna, hosanna in the highest.

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

People **we remember his death, we proclaim his resurrection, we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

12

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer [Michael Leach]

Celebrant As our Saviour taught us, let us pray,

People **Our Father in heav'n, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Breaking of the Bread #7

page 213

Celebrant We break this bread,

People **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat which bears its fruit in dying.

People **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

The Communion

page 213

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

All are welcome to receive communion with us

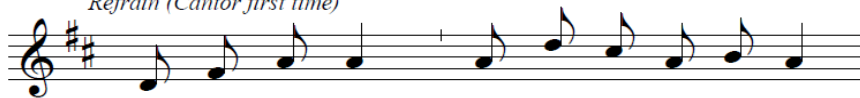
As the ushers pass your pew, please line up in the centre aisle.

- ***To receive a blessing***, as you reach the priest with the bread, cross your arms over your chest. Return to your seat after receiving the blessing.
 - ***To receive the bread***, hold your hands in front of you, palms up.
 - ***To receive the wine from the cup***, take the bottom of the cup and the base and guide it to your mouth.
 - ***If you prefer to take only the bread***, you may indicate this to the cup bearer by crossing your arms over your chest, or simply walking past them.
-

Bread of the world, in mercy broken,
 Wine of the soul in mercy shed,
 by whom the words of life were spoken,
 and in whose death our sins are dead:
 look on the heart by sorrow broken;
 look on the tears by sinners shed,
 and be thy feast to us the token
 that by thy grace our souls are fed.

The Lenten Prose

Refrain (Cantor first time)



Hear us, O Lord, have mer - cy up - on us:



for we have sinn'd a - gainst thee.

- | | |
|---|--|
| <p>1. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen O Jesu to our supplications.
 Refrain</p> | <p>4. Sins oft committed now we lay before thee: with true contrition now no more we veil them: grant us, Redeemer; loving absolution.
 Refrain</p> |
| <p>2. O thou chief Corner stone, Right Hand of the Father: Way of Salvation, Gate of life celestial: Cleanse thou our sinful souls from all defilement.
 Refrain</p> | <p>5. Innocent captive, taken unresisting: falsely accused, for us sinners sentenc'd, save us we pray thee, Jesu our Redeemer.
 Refrain</p> |
| <p>3. God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses.
 Refrain</p> | |

Prayer after Communion*Celebrant* Heavenly God,*People* **your Son confronted the powers of darkness that obscure your compassion and love for all of creation: help us to use these days to grow in wisdom and prayer, so that we may witness to that saving love proclaimed in Jesus Christ our Saviour. Amen.****Blessing***Celebrant* Into whatever wilderness the Spirit leads you, walk in boldness, as a beloved child of God; walk in peace, under the shelter of the Most High; walk in faith, knowing Christ walks with you. And may the blessing of God, Creator, Redeemer, and Sustainer, be upon you, help you, and change you as we walk with the Lord during this season of Lent. **Amen.****Announcements****Closing Hymn #564 "Lead Us, Heavenly Father, Lead Us"** Text by James Edmeston

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|--|--|
| <p>1 Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing
if our God our Father be.</p> <p>2 Saviour, breathe forgiveness o'er us;
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.</p> | <p>3 Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,
pleasure that can never cloy;
thus provided, pardoned, guided,
nothing can our peace destroy.</p> |
|--|--|

Dismissal*Subdeacon* Go forth in the name of Christ.*People* **Thanks be to God.*****The flowers today are given to the Glory of God from Janet Kirk.***

We Remember in Prayer Today and This Week . . .

Congregation Cycle

Joanie P / Rudy P / Rakesh & Sangeeta R, Roanna, Ryan, Naomi / Craig R & Berta Z /
Ritah S

Today's Scripture Readings

First Sunday in Lent

Dt 26:1-11
Psalm 91:1-2,9-16
Rom 10:8b-13
Luke 4:1-13

Next Sunday's Scripture Readings

Second Sunday in Lent

Genesis 15:1-12,17-18
Psalm 27
Phil 3:17 -- 4:1
Luke 13:31-35

"All music and texts for hymns and songs is covered under OneLicense A-718829"

<p>Celebrant & Preacher Rev. Ali McIntosh</p> <p>Chalice Bearers Aili Maki Geraldine Sperling</p> <p>Readers Hazel Perkin Michael R Leach</p> <p>Crucifer Philip Tindan</p> <p>Organist Michael Leach</p>	<p>Videographer Egan Done</p> <p>Ushers Hazel Perkin, Ann-Marie Waithe Powell</p> <p>Altar Guild Maggie Sumner</p> <p>Duty Warden Philip Tindan</p> <p>Welcome Table Michael R Leach</p> <p>Coffee Hour Geraldine & Alan Sperling</p> <p>Counters Lorraine Baillie Hazel Perkin</p>
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Territorial Acknowledgement

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.