

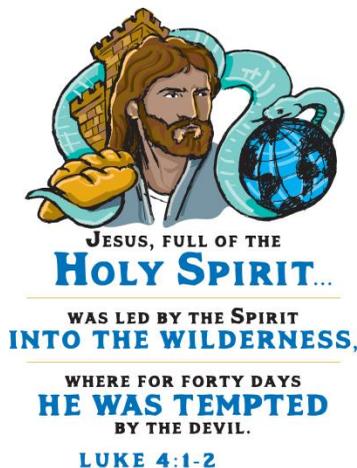
March 6, 2022

First Sunday in Lent

10:00 a.m. – Eucharist

## *Welcome*

*Hearing Assistive Devices and Large Print service leaflets are available  
Please ask an usher for assistance*



## 2

### The Gathering of the Community

#### Organ Prelude

**Opening Hymn #175 “Forty Days and Forty Nights”** Text by George Hunt Smyttan

- |   |  |
|---|--|
| 1 Forty days and forty nights<br>you were fasting in the wild,<br>forty days and forty nights<br>tempted, and yet undefiled:                      | 4 So if Satan, pressing hard,<br>soul and body would destroy,<br>Christ who conquered, be our guard;<br>give to us the victor’s joy. |
| 2 burning heat throughout the day,<br>bitter cold when light had fled,<br>prowling beasts around your way,<br>stones your pillow, earth your bed. | 5 Saviour, may we hear your voice—<br>keep us constant at your side;<br>and with you we shall rejoice<br>at the eternal Eastertide.  |
| 3 Shall not we your trials share,<br>learn your discipline of will,<br>and with you by fast and prayer<br>wrestle with the powers of hell?        |  |

#### Greeting

*Celebrant* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People* **And also with you.**

*Celebrant* Bless the Lord who forgives all our sins.

*People* **His mercy endures for ever.**

#### Collect for Purity

*Celebrant* Almighty God,

*People* **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

**Kyrie Eleison** [Arranged by Michael Leach]

*Cantor* Kyrie eleison.

*People* **Kyrie eleison. Kyrie eleison.**

*Cantor* Christe eleison.

*People* **Christe eleison. Christe eleison.**

*Cantor* Kyrie eleison.

*People* **Kyrie eleison. Kyrie eleison.**

**Confession and Absolution**

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*Celebrant* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

*Celebrant* Most merciful God,

*People* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

**Collect of the Day**

*Celebrant* Let us pray.

*People* **Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

**The Proclamation of the Word**

First Reading:

Deuteronomy 26:1–11

*Reader* A reading from the Book of Deuteronomy.

<sup>1</sup>When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, <sup>2</sup>you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. <sup>3</sup>You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." <sup>4</sup>When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, <sup>5</sup>you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and

lived there as an alien, few in number, and there he became a great nation, mighty and populous. <sup>6</sup> When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, <sup>7</sup> we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. <sup>8</sup> The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; <sup>9</sup> and he brought us into this place and gave us this land, a land flowing with milk and honey. <sup>10</sup> So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. <sup>11</sup> Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

*Reader*      The Word of the Lord.

*People*      **Thanks be to God.**

### **Psalm 91:1–2,9-16**

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|--|--|
| <p>1 He who dwells in the shelter of the Most High,<br/>abides under the shadow of the Almighty.</p> <p><b>2 He shall say to the Lord,<br/>"You are my refuge and my stronghold,<br/>my God in whom I put my trust."</b></p> <p>9 Because you have made the Lord your refuge,<br/>and the Most High your habitation.</p> <p><b>10 There shall no evil happen to you,<br/>neither shall any plague come near<br/>your dwelling.</b></p> <p>11 For he shall give his angels charge over you,<br/>to keep you in all your ways.</p> | <p><b>12 They shall bear you in their hands,<br/>lest you dash your foot against a stone.</b></p> <p>13 You shall tread upon the lion and adder;<br/>you shall trample the young lion and the serpent under your feet.</p> <p><b>14 Because he is bound to me in love,<br/>therefore will I deliver him;<br/>I will protect him, because he knows<br/>my name.</b></p> <p>15 He shall call upon me, and I will answer him;<br/>I am with him in trouble;<br/>I will rescue him and bring him to honour.</p> <p><b>16 With long life will I satisfy him,<br/>and show him my salvation.</b></p> |
|--|--|

**Gracious God, in times of anxiety and stress, teach us to wait in quietness for your protection and defence, made known to us in Jesus Christ our Lord. Amen.**

Second Reading:

Romans 10:8b–13

*Reader* A reading from the Letter of Paul to the Romans.

<sup>8b</sup> “The word is near you,  
on your lips and in your heart”

(that is, the word of faith that we proclaim); <sup>9</sup> because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.

<sup>10</sup> For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. <sup>11</sup> The scripture says, “No one who believes in him will be put to shame.” <sup>12</sup> For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. <sup>13</sup> For, “Everyone who calls on the name of the Lord shall be saved.”

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Gradual Hymn #360: “Bless the Lord, My Soul”**

Bless the Lord, my soul,  
and bless God’s holy name.

Bless the Lord, my soul,  
who leads me into life.

*Repeat as needed.*

Holy Gospel:

Luke 4:1–13

*Subdeacon* The Lord be with you.

*People* **And also with you.**

*Subdeacon* The Holy Gospel of our Lord Jesus Christ according to Luke.

*People* **Glory to you, Lord Jesus Christ.**

<sup>1</sup> Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, <sup>2</sup> where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. <sup>3</sup> The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” <sup>4</sup> Jesus answered him, “It is written, ‘One does not live by bread alone.’”

<sup>5</sup> Then the devil led him up and showed him in an instant all the kingdoms of the world. <sup>6</sup> And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. <sup>7</sup> If you, then, will worship me, it will all be yours.” <sup>8</sup> Jesus answered him, “It is written,

‘Worship the Lord your God,  
and serve only him.’”

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<sup>9</sup> Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, <sup>10</sup> for it is written,

'He will command his angels concerning you,  
to protect you,'

<sup>11</sup> and

'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'"

<sup>12</sup> Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" <sup>13</sup> When the devil had finished every test, he departed from him until an opportune time.

*Subdeacon* The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

Sermon

*A time for silent reflection is kept.*

### The Apostles' Creed

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*Celebrant* Let us confess the faith of our baptism, as we say,

*People* **I believe in God, the Father almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power  
of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius  
Pilate, was crucified, died, and was buried. He descended to the dead. On the  
third day he rose again. He ascended into heaven, and is seated at the right  
hand of the Father. He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the communion of saints,  
the forgiveness of sins, the resurrection of the body, and the life everlasting.  
Amen.**

### The Prayers of the People

*Leader* We pray to you, Lord.

*People* **Lord, have mercy.**

### The Peace

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*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

# 7

## The Celebration of the Eucharist

**Offertory Hymn #259 "For the Fruit of All Creation"** Text by Fred Pratt Green

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|--|--|
| 1 For the fruit of all creation,<br>thanks be to God;<br>gifts bestowed on every nation,<br>thanks be to God.<br>For the ploughing, sowing, reaping,   | silent growth while we are sleeping,<br>future needs in earth's safekeeping,<br>thanks be to God.  |
| 2 In the just reward of labour,<br>God's will is done.<br>In the help we give our neighbour,<br>God's will is done.<br>In our worldwide task of caring<br>for the hungry and despairing,<br>in the harvests we are sharing,<br>God's will is done. | 3 For the harvests of the Spirit,<br>thanks be to God.<br>For the good we all inherit,<br>thanks be to God.<br>For the wonders that astound us,<br>for the truths that still confound us,<br>most of all, that love has found us,<br>thanks be to God. |

### The Prayer over the Gifts

*Celebrant* Let us pray.

*People* **God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. Amen.**

### Eucharistic Prayer #3

Proper Preface Lent 1

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*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Celebrant* Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

## 8

Therefore we raise our voices to you in praise to proclaim the glory of your name.

*People* **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is the One who comes in the name of the Lord. Hosanna in the highest.**

*Celebrant* We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

*People* **we remember his death, we proclaim his resurrection, we await his coming in glory;**

*Celebrant* and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

**The Lord's Prayer**

*Celebrant* As our Saviour taught us, let us pray,

*People* **Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

**The Breaking of the Bread #7**

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*Celebrant* We break this bread,

*People* **Communion in Christ's body once broken.**

*Celebrant* Let your Church be the wheat which bears its fruit in dying.

*People* **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

**Lamb of God** [Hymn #690]

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*People* **Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
grant us peace.**

**The Communion**

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*Celebrant* The gifts of God for the People of God.

*People* **Thanks be to God.**

*All are invited to share in Communion.*

**Communion Hymn #54 "Bread of the World, in Mercy Broken"**

Text by Reginald Heber

Bread of the world, in mercy broken,  
Wine of the soul in mercy shed,  
by whom the words of life were spoken,  
and in whose death our sins are dead:  
look on the heart by sorrow broken;  
look on the tears by sinners shed,  
and be thy feast to us the token  
that by thy grace our souls are fed.

**Prayer of Thanksgiving**

*Celebrant* All your works praise you, O Lord.

*People* **And your faithful servants bless you.**

**Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

**Prayers for Birthdays and Anniversaries****Blessing****Dismissal**

*Subdeacon* Go in peace as we walk our Lenten journey; reflect; pray; continue to love and serve the Lord.

*People* **Thanks be to God.**

**Closing Hymn #564 "Lead Us, Heavenly Father, Lead Us" Text by James Edmeston**

- |   |  |
|---|--|
| <p>1 Lead us, heavenly Father, lead us<br/>o'er the world's tempestuous sea;<br/>guard us, guide us, keep us, feed us,<br/>for we have no help but thee;<br/>yet possessing every blessing<br/>if our God our Father be.</p>                    | <p>3 Spirit of our God, descending,<br/>fill our hearts with heavenly joy,<br/>love with every passion blending,<br/>pleasure that can never cloy;<br/>thus provided, pardoned, guided,<br/>nothing can our peace destroy.</p> |
| <p>2 Saviour, breathe forgiveness o'er us;<br/>all our weakness thou dost know;<br/>thou didst tread this earth before us,<br/>thou didst feel its keenest woe;<br/>lone and dreary, faint and weary,<br/>through the desert thou didst go.</p> |  |

**We Remember in Prayer Today and This Week . . .**

**Congregation Cycle**

Chioma I  
 Elvine J  
 Olga J  
 Isabelle J & Family  
 Khumbulau K & Lydia L & Raphael

**Today's Scripture Readings**

**First Sunday in Lent**

Dt 26:1-11  
 Psalm 91:1-2,9-16  
 Rom 10:8b-13  
 Luke 4:1-13

**Next Sunday's Scripture Readings**

**Second Sunday in Lent**

Genesis 15:1-12,17-18  
 Psalm 27  
 Phil 3:17 -- 4:1  
 Luke 13:31-35

Celebrant & Preacher The Rev. Carol Friesen  
 Subdeacon Doug Heyes  
 Reader Ravi Andrews  
 Organist Michael Leach  
 Intercessor Doug Heyes  
 Videographer Egan Done

**Territorial Acknowledgement**

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

## COVID instructions to keep you safe

IN CHURCH EVERYONE MUST:

1. **Be MASKED** all the time  
**NOTE:** ONE participant at a time may remove their mask temporarily if they are a reader, intercessor, Subdeacon, doing announcements, preacher or priest but only when they are speaking. They must remain 4m away from others.
2. **MAINTAIN PHYSICAL DISTANCING** (2 Metres)
3. Have **NO CONVERSATIONS** or **SOCIAL GATHERINGS**
4. **FOLLOW THE ARROWS** ON THE FLOOR
5. **FOLLOW THE PRIEST'S INSTRUCTIONS** for the Service

When the ORGANIST has finished the POSTLUDE, and the CAMERA is turned off, please leave the church.

Thank you for joining us  
Stay Safe