

March 5, 2023  
Second Sunday in Lent  
10:00 a.m. – Sung Eucharist

## *Welcome*

*Hearing Assistive Devices and Large Print service leaflets are available  
Please ask an usher for assistance*



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### The Gathering of the Community

#### Processional Hymn #439 "Blest Are the Pure in Heart"

Text by John Keble and from Mitre Hymn Book

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|---|---|---|--|
| 1 | Blest are the pure in heart,<br>for they shall see our God;<br>the secret of the Lord is theirs,<br>their soul is Christ's abode. | 3 | still to the lowly soul<br>his presence doth impart,<br>and for a dwelling and a throne<br>chooseth the pure in heart. |
| 2 | The Lord, who left the heavens<br>our life and peace to bring,<br>to dwell in lowliness with us,<br>our pattern and our King,     | 4 | Lord, we thy presence seek;<br>may ours this blessing be:<br>give us a pure and lowly heart,<br>a temple fit for thee. |

#### Greeting

*Celebrant* The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People* **And also with you.**

*Celebrant* Bless the Lord who forgives all our sins.

*People* **His mercy endures for ever.**

#### Collect for Purity

*Celebrant* Almighty God,

*People* **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

#### Kyrie Eleison

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*Leader* Lord, have mercy.

*People* **Lord, have mercy. Lord, have mercy.**

*Leader* Christ, have mercy.

*People* **Christ, have mercy. Christ, have mercy.**

*Leader* Lord, have mercy.

*People* **Lord, have mercy. Lord, have mercy.**

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## Collect of the Day

*Celebrant* Let us pray.

*People* **Almighty God, whose Son was revealed in majesty before he suffered death upon the cross, give us faith to perceive his glory, that being strengthened by his grace we may be changed into his likeness, from glory to glory; who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## The Proclamation of the Word

First Reading:

Genesis 12:1–4a

*Reader* A reading from the Book of Genesis.

<sup>1</sup> Now the Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. <sup>2</sup> I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. <sup>3</sup> I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

<sup>4a</sup> So Abram went, as the Lord had told him; and Lot went with him.

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

## Psalm 121

Arrangement by Christopher L. Webber

Tune Hymn #519 Crimond

1 I lift my eyes up to the hills,  
From where shall I find aid?  
My help will come from God himself  
By whom the world was made.

2 He will not let your foot be moved,  
He watches day and night;  
He does not sleep, for Israel  
Is always in his sight.

3 The Lord keeps watch above his own,  
And gives you shade at noon;  
The sun shall not strike you by day  
Nor yet, at night, the moon.

4 The Lord shall save you from all harm,  
Preserve your life in peace;  
He watches as you come and go,  
His care will never cease.

Second Reading:

Romans 4:1–5,13–17

*Reader* A reading from the Letter of Paul to the Romans.

<sup>1</sup> What then are we to say was gained by Abraham, our ancestor according to the flesh? <sup>2</sup> For if Abraham was justified by works, he has something to boast about, but not before God. <sup>3</sup> For what does the scripture say? “Abraham believed God, and it was reckoned to

him as righteousness.” <sup>4</sup> Now to one who works, wages are not reckoned as a gift but as something due. <sup>5</sup> But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

<sup>13</sup> For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. <sup>14</sup> If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup> For the law brings wrath; but where there is no law, neither is there violation.

<sup>16</sup> For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, <sup>17</sup> as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader*     The Word of the Lord.

*People*     **Thanks be to God.**

### **Gradual Hymn #360 “Bless the Lord, My Soul”**

Psalm 103:1–2; paraphrase by Taizé Community (France)

Bless the Lord, my soul,  
and bless God’s holy name.  
Bless the Lord, my soul,  
who leads me into life.

***Repeat as needed.***

Holy Gospel:

John 3:1–17

*Subdeacon*   The Lord be with you.

*People*       **And also with you.**

*Subdeacon*   The Holy Gospel of our Lord Jesus Christ according to John.

*People*       **Glory to you, Lord Jesus Christ.**

<sup>1</sup> Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup> He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” <sup>3</sup> Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” <sup>4</sup> Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” <sup>5</sup> Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup> What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup> Do not be

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astonished that I said to you, 'You must be born from above.' <sup>8</sup>The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." <sup>9</sup>Nicodemus said to him, "How can these things be?" <sup>10</sup>Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

<sup>11</sup>"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup>No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup>And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup>that whoever believes in him may have eternal life.

<sup>16</sup>"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup>"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

*Subdeacon* The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

Sermon

*A time for silent reflection is kept.*

## The Apostles' Creed

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*Celebrant* Let us confess the faith of our baptism, as we say,

*People* **I believe in God, the Father almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.  
Amen.**

## The Prayers of the People

*Leader* We pray to you, Lord.

*People* **Lord, have mercy.**

**Confession and Absolution**

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*Celebrant* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

*Celebrant* Most merciful God,

*People* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

**The Peace**

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*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

**The Celebration of the Eucharist****Offertory Hymn #466 "How Clear Is Our Vocation, Lord"**

Text by Fred Pratt Green

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|--|--|
| <p>1 How clear is our vocation, Lord,<br/>when once we heed your call:<br/>to live according to your word,<br/>and daily learn, refreshed, restored,<br/>that you are Lord of all,<br/>and will not let us fall.</p> | <p>3 We mark your saints, how they became<br/>in hindrances more sure,<br/>whose joyful virtues put to shame<br/>the casual way we wear your name,<br/>and by our faults obscure<br/>your power to cleanse and cure.</p> |
| <p>2 But if, forgetful, we should find<br/>your yoke is hard to bear;<br/>if worldly pressures fray the mind<br/>and love itself cannot unwind<br/>its tangled skein of care:<br/>our inward life repair.</p>        | <p>4 In what you give us, Lord, to do,<br/>together or alone,<br/>in old routines or ventures new,<br/>may we not cease to look to you,<br/>the cross you hung upon,<br/>all you endeavoured done.</p>                   |

## The Prayer over the Gifts

*Celebrant* Let us pray.

*People* **God of wisdom, may the light of the eternal Word, our Lord and Saviour Jesus Christ, guide us to your glory. We ask this in his name. Amen.**

### Eucharistic Prayer #3

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Proper Preface Lent 2

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*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Celebrant* Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

*People* **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Hymn #689

**Blessed is He who comes in the name of the Lord. Hosanna in the highest.**

*Celebrant* We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

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*People* **we remember his death, we proclaim his resurrection, we await his coming in glory;**

*Celebrant* and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## Prayer for anointing

### The Lord's Prayer

*Celebrant* And now, as our Saviour Christ has taught us, we are bold to say:

*People* **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

### The Breaking of the Bread #7

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*Celebrant* We break this bread,

*People* **Communion in Christ's body once broken.**

*Celebrant* Let your Church be the wheat which bears its fruit in dying.

*People* **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

### Lamb of God [Hymn #690]

page 226

*People* **Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
grant us peace.**



**The Communion**

*Celebrant* The gifts of God for the People of God.

*People* **Thanks be to God.**

**Prayer for Spiritual Communion**

*Celebrant* Dear friends, if you are present or elsewhere and are unable to receive the sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let us pray.

*People* **Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of the reign of God. In your name I pray. Amen.**

*All baptized persons are welcome to receive Holy Communion.*

**Communion Hymn #180 "Giver of the Perfect Gift"**

Latin; translated by John Ellerton

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|--|---|
| <p>1 Giver of the perfect gift,<br/>only hope of human race,<br/>hear the prayer our hearts uplift,<br/>trembling at thy throne of grace.</p>                | <p>4 Oh! may these our Lenten days,<br/>blest by thee, with thee be passed,<br/>that with purer, nobler praise<br/>we may keep thy feast at last.</p> |
| <p>2 Though the accusing voice within<br/>speaks of many a wrong to thee,<br/>thou canst cleanse from every sin;<br/>thou canst set the conscience free.</p> | <p>5 God the holy Trinity,<br/>grant the mercy we implore;<br/>God the One, all praise to thee<br/>through the ages evermore.</p>                     |
| <p>3 Who can save us, Lord, but thou?<br/>Let thy mercy show thy power.<br/>Lo, we plead thy promise now,<br/>now, in this the accepted hour.</p>            |   |

**Prayer after Communion**

*People* **Creator of heaven and earth, we thank you for these holy mysteries, which bring us now a share in the life to come, through Jesus Christ our Lord. Amen**

**Prayer for Anointing**

**Prayer of Thanksgiving**

*Celebrant* All your works praise you, O Lord.

*People* **And your faithful servants bless you.**

**Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

**Blessing****Prayers for Birthdays and Anniversaries****Blessing of a Prayer Shawl****Dismissal**

*Leader* Go in peace as we walk our Lenten journey; reflect; pray; continue to love and serve the Lord.

*People* **Thanks be to God.**

**Recessional Hymn #481 "May the Grace of Christ Our Saviour"**

Text by John Newton and from New English Hymnal

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| <p>1 May the grace of Christ our Saviour,<br/>and the Father's boundless love,<br/>with the Holy Spirit's favour,<br/>rest upon us from above.</p> | <p>3 To the God whose wisdom made us,<br/>to the Son who set us free,<br/>to the sanctifying Spirit,<br/>glory, endless glory, be!</p> |
| <p>2 Thus may we abide in union<br/>with each other and the Lord,<br/>and possess in sweet communion<br/>joy which earth cannot afford.</p>        |  |

***Please join us in the parish hall for refreshments following the service.***

## Today's Scripture Readings

### Second Sunday in Lent

Gen 12:1-4a

Psalm 121

Rom 4:1-5,13-17

John 3:1-17

## Next Sunday's Scripture Readings

### Third Sunday in Lent

Ex 17:1-7

Psalm 95

Rom 5: 1-11

John 4:5-42

### We Remember in Prayer Today and This Week . . .

#### Congregation Cycle

Nigel P / Joanie P / Rudy P / Stephen & Ann-Marie W P and family

Krystal P & family

#### Celebrant and Preacher

The Rev. Leonard Leader

Assisting Clergy Fr. Pierre Niyongere

Intercessor Laura Pummell

Reader Craig Robertson

Videographer Egan Done

#### Music

Geraldine Sperling

Anointer

Margie Lyttle

Altar Guild

Nancy Dodsworth

Usher

Ann-Marie Waithe Powell

Duty Warden

Ravi Andrews

Coffee Hour Host

Lorraine Baillie

## **Territorial Acknowledgement**

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

## **Instructions**

The Common Cup is an important symbol in our Anglican tradition. It has been emphasized that receiving the consecrated bread alone is complete in itself, so those who aren't comfortable drinking from the Common Cup don't need to. The cup is now being offered to people who wish to return to drinking from the Common Cup.

For the time being, the parish leadership has decided to continue contact tracing, and ask that we continue wearing masks for the safety of others.

Please follow the Priest's and Usher's instructions for the service; and be respectful of everyone's comfort level with physical distancing and contact.

Thank you for joining us. Stay Safe