

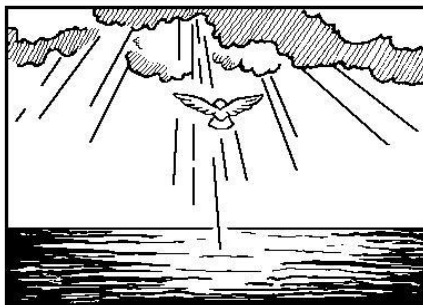
March 12, 2023

Third Sunday in Lent

10:00 a.m. – Sung Eucharist

Welcome

*Hearing Assistive Devices and Large Print service leaflets are available
Please ask an usher for assistance*



Those who drink of the
water that I will give them
will never be thirsty.

– John 4:14

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The Gathering of the Community

Processional Hymn #388 “Glorious Things of Thee Are Spoken”

Text by John Newton

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|---|---|
| <p>1 Glorious things of thee are spoken,
 Zion, city of our God;
 he whose word cannot be broken
 formed thee for his own abode.
 On the rock of ages founded,
 what can shake thy sure repose?
 With salvation’s walls surrounded,
 thou mayest smile at all thy foes.</p> <p>2 See! The streams of living waters,
 spring from eternal love,
 well supply thy sons and daughters
 and all fear of want remove.
 Who can faint, when such a river
 ever flows their thirst to assuage?
 Grace, which like the Lord, the giver,
 never fails from age to age?</p> | <p>3 Round each habitation hovering,
 see the cloud and fire appear
 for a glory and a covering—
 showing that the Lord is near.
 Thus they march, the pillar leading,
 light by night and shade by day;
 daily on the manna feeding
 which God gives them when they pray.</p> <p>4 Saviour, if of Zion’s city
 I through grace a member am,
 let the world deride or pity,
 I will glory in thy name.
 Fading is the world’s best pleasure,
 all its boasted pomp and show:
 solid joys and lasting treasure
 none but Zion’s children know.</p> |
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Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Celebrant Bless the Lord who forgives all our sins.

People **His mercy endures for ever.**

Collect for Purity

Celebrant Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Kyrie Eleison [Arranged by Michael Leach]*Cantor* Kyrie eleison.*People* **Kyrie eleison. Kyrie eleison.***Cantor* Christe eleison.*People* **Christe eleison. Christe eleison.***Cantor* Kyrie eleison.*People* **Kyrie eleison. Kyrie eleison.****Collect of the Day***Celebrant* Let us pray.*People* **Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.****The Proclamation of the Word**

First Reading:

Exodus 17:1–7

Reader A reading from the Book of Exodus.

¹ From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. ² The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" ³ But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" ⁴ So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." ⁵ The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. ⁶ I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. ⁷ He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Reader The Word of the Lord.*People* **Thanks be to God.**

Psalm 95:1–7

Arrangement by Christopher L. Webber

Tune Hymn #363 Duke Street

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| <p>1 Come, let us sing to God on high,
The Rock of our salvation praise;
Come with thanksgiving to his courts
And joyful psalms before him raise.</p> <p>2 For God is Lord above all gods,
The heights and depths are in his hand;
He made the sea and it is his,
His hands have molded the dry land.</p> | <p>3 Bow down and let us worship him
Who is our Maker and our Lord;
We are his people and his sheep;
Today, then, hearken to his Word.</p> |
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Second Reading:

Romans 5:1–11

Reader A reading from the Letter of Paul to the Romans.

¹Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, ²through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. ³And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, ⁴and endurance produces character, and character produces hope, ⁵and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

⁶For while we were still weak, at the right time Christ died for the ungodly. ⁷Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. ⁸But God proves his love for us in that while we still were sinners Christ died for us. ⁹Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. ¹⁰For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. ¹¹But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader The Word of the Lord.*People* **Thanks be to God.****Gradual Hymn #360 "Bless the Lord, My Soul"**

Psalm 103:1–2; paraphrase by Taizé Community (France)

Bless the Lord, my soul,
and bless God's holy name.
Bless the Lord, my soul,
who leads me into life.

Repeat as needed.

Holy Gospel:

John 4:5–42

Subdeacon The Lord be with you.

People **And also with you.**

Subdeacon The Holy Gospel of our Lord Jesus Christ according to John.

People **Glory to you, Lord Jesus Christ.**

⁵ So [Jesus] came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

⁷ A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." ¹¹ The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" ¹³ Jesus said to her, "Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." ¹⁵ The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

¹⁶ Jesus said to her, "Go, call your husband, and come back." ¹⁷ The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband;' ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!" ¹⁹ The woman said to him, "Sir, I see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." ²¹ Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth." ²⁵ The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." ²⁶ Jesus said to her, "I am he, the one who is speaking to you."

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

³⁰ They left the city and were on their way to him.

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³¹ Meanwhile the disciples were urging him, “Rabbi, eat something.” ³² But he said to them, “I have food to eat that you do not know about.” ³³ So the disciples said to one another, “Surely no one has brought him something to eat?” ³⁴ Jesus said to them, “My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, ‘Four months more, then comes the harvest?’ But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, ‘One sows and another reaps.’ ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.”

³⁹ Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.”

Subdeacon The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Sermon

A time for silent reflection is kept.

The Apostles’ Creed

page 189

Celebrant Let us confess the faith of our baptism, as we say,

People **I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.**

The Prayers of the People

Leader We pray to you, Lord.

People **Lord, have mercy.**

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

People **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

page 192

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Celebration of the Eucharist**Offertory Hymn #506 "Lord of All Hopefulness"**

Text by Jan Struther

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| <p>1 Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares could
destroy,
be there at our waking and give us, we
pray,
your bliss in our hearts, Lord, at the break
of the day.</p> | <p>3 Lord of all kindness, Lord of all grace,
your hands swift to welcome, your
arms to embrace,
be there at our homing and give us,
we pray,
your love in our hearts, Lord, at the
eve of the day.</p> |
| <p>2 Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the
plane and the lathe,
be there at our labours and give us, we
pray,
your strength in our hearts, Lord, at the
noon of the day.</p> | <p>4 Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose
presence is balm,
be there at our sleeping and give us,
we pray,
your peace in our hearts, Lord, at the
end of the day.</p> |

The Prayer over the Gifts

Celebrant Let us pray.

People **Spring of life and Source of goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. Amen.**

Eucharistic Prayer #3

page 198

Proper Preface Lent 2

page 220

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who was tempted in every way, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore with angels and archangels and all who have served you in every age, we raise our voices to proclaim the glory of your name.

People **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

9

Therefore, Father, according to his command,
People **we remember his death, we proclaim his resurrection, we await his coming in glory;**

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.
We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.
In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;
by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer [Hymn #684]

Celebrant And now, as our Saviour Christ has taught us, we are bold to sing,

People **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, forever and ever. Amen.**

The Breaking of the Bread #7

page 213

Celebrant We break this bread,

People **Communion in Christ's body once broken.**

Celebrant Let your Church be the wheat which bears its fruit in dying.

People **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

Lamb of God [Hymn #690]

page 226

People **Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us peace.**

The Communion

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

Prayer for Spiritual Communion

Celebrant Dear friends, if you are present or elsewhere and are unable to receive the sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let us pray.

People **Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of the reign of God. In your name I pray. Amen.**

All baptized persons are welcome to receive Holy Communion.

Communion Hymn "As the Sun with Longer Journey"

Text by John Patrick Earls

Tune Hymn #48 Picardy

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| <p>1 As the sun with longer journey
melts the winter's snow and ice,
with its slowly growing radiance
warms the seed beneath the earth,
may the sun of Christ's uprising
gently bring our hearts to life.</p> | <p>3 Praise be given to the Maker
of the seasons' yearly round:
to the Speaker through the Spoken
in their living Breath of love
as the ever turning seasons
roll to their eternal rest.</p> |
| <p>2 Through the days of waiting, watching
in the desert of our sin,
searching on the far horizon
for a sign of cloud or wind,
we await the healing waters
of our Saviour's victory.</p> | |

Prayer after Communion

People **God of our pilgrimage, we have found the living water. Refresh and sustain us as we go forth on our journey, in the name of Jesus Christ the Lord. Amen.**

Prayer of Thanksgiving

Celebrant All your works praise you, O Lord.

People **And your faithful servants bless you.**

Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Blessing**Dismissal**

Subdeacon Go in peace as we walk our Lenten journey; reflect; pray; continue to love and serve the Lord.

People **Thanks be to God.**

Recessional Hymn #529 "God, My Hope on You Is Founded"

Text by Joachim Neander; translation by Robert Seymour Bridges

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| <p>1 God, my hope on you is founded;
you my faith and trust renew:
through all change and chance you guide
me,
only good and only true.
God unknown, you alone
call my heart to be your own.</p> | <p>3 Daily does the mighty Giver
bounteous gifts on us bestow;
God's desire for us delights us,
pleasure leads us where we go.
Here at hand love takes stand,
joy awaits God's sure command.</p> |
| <p>2 Human pride and earthly glory,
sword and crown, betray our trust;
though with care and toil we build them,
tower and temple fall to dust.
But your power, hour by hour,
is my temple and my tower.</p> | <p>4 God's great goodness lasts forever,
deepest wisdom, passing thought:
splendour, light, and life attending,
beauty springing out of naught.
Evermore from God's store
newborn worlds rise and adore.</p> |
| | <p>5 Still from earth to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ the Son.
Christ, you call one and all;
those who follow shall not fall.</p> |

Please join us in the parish hall for refreshments following the service.

Today's Scripture Readings Third Sunday in Lent Ex 17:1-7 Psalm 95 Rom 5: 1-11 John 4:5-42	Next Sunday's Scripture Readings Fourth Sunday in Lent 1 Sam 16:1-13 Psalm 23 Eph 5:8-14 John 9:1-41
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We Remember in Prayer Today and This Week . . .
Congregation Cycle John & Laura P / Selvin Raja K / Rakesh & Sangeeta R, and family / Tahereh R / Craig R & Berta Z

Celebrant and Preacher The Rev. Leonard Leader Subdeacon Doug Heyes Intercessor Geraldine Sperling Reader Ravi Andrews Videographer Egan Done	Organist Michael Leach Anointer Fr. Pierre Niyongere Altar Guild Priya Usher Ann-Marie Waithe Powell Duty Warden Ravi Andrews Coffee Hour Host Colette Lyttle
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Territorial Acknowledgement

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.