

March 19, 2023  
Fourth Sunday in Lent  
10:00 a.m. – Sung Eucharist

## *Welcome*

*Hearing Assistive Devices and Large Print service leaflets are available  
Please ask an usher for assistance*



## 2

### The Gathering of the Community

#### Processional Hymn “Again We Keep This Solemn Fast”

Ex more docti mystico; ascribed to Gregory the Great; translation by Peter J. Scagnelli  
Tune Hymn #349 Old 100th

- |  |  |
|--|--|
| 1    Again we keep this solemn fast<br>A gift of faith from ages past,<br>This Lent which bids us lovingly<br>To faith and hope and charity.                       | 4    Let us avoid each harmful way<br>That lures the careless mind astray;<br>By watchful prayer our spirits free<br>From scheming of the Enemy.           |
| 2    The law and prophets from of old<br>In figured ways this Lent foretold,<br>Which Christ, all ages’ Lord and Guide,<br>In these last days has sanctified.      | 5    We pray, O blessed Three in One,<br>Our God while endless ages run,<br>That this, our Lent of forty days,<br>May bring us growth and give you praise. |
| 3    More sparing, therefore, let us make<br>The words we speak, the food we take,<br>Our sleep, our laughter, ev’ry sense;<br>Learn peace through holy penitence. |  |

#### Greeting

*Celebrant*    The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

*People*        **And also with you.**

*Celebrant*    Bless the Lord who forgives all our sins.

*People*        **His mercy endures for ever.**

#### Collect for Purity

*Celebrant*    Almighty God,

*People*        **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

#### Kyrie Eleison [Arranged by Michael Leach]

*Cantor*        Kyrie eleison.

*People*        **Kyrie eleison. Kyrie eleison.**

*Cantor*        Christe eleison.

*People*        **Christe eleison. Christe eleison.**

*Cantor*        Kyrie eleison.

*People*        **Kyrie eleison. Kyrie eleison.**

**Collect of the Day***Celebrant* Let us pray.*People* **Almighty God, through the waters of baptism your Son has made us children of light. May we ever walk in his light and show forth your glory in the world; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen.****The Proclamation of the Word**

First Reading:

I Samuel 16:1–13

*Reader* A reading from the First Book of Samuel.

<sup>1</sup>The Lord said to Samuel, “How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons.” <sup>2</sup>Samuel said, “How can I go? If Saul hears of it, he will kill me.” And the Lord said, “Take a heifer with you, and say, ‘I have come to sacrifice to the Lord.’” <sup>3</sup>Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you.” <sup>4</sup>Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, “Do you come peaceably?” <sup>5</sup>He said, “Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice.” And he sanctified Jesse and his sons and invited them to the sacrifice.

<sup>6</sup>When they came, he looked on Eliab and thought, “Surely the Lord’s anointed is now before the Lord.” <sup>7</sup>But the Lord said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart.” <sup>8</sup>Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the Lord chosen this one.” <sup>9</sup>Then Jesse made Shammah pass by. And he said, “Neither has the Lord chosen this one.” <sup>10</sup>Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The Lord has not chosen any of these.” <sup>11</sup>Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” <sup>12</sup>He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, “Rise and anoint him; for this is the one.” <sup>13</sup>Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

*Reader* The Word of the Lord.*People* **Thanks be to God.**

## Psalm 23

Paraphrase by Isaac Watts  
Tune Hymn #583 Resignation

- 1 My Shepherd, you supply my need;  
most holy is your name.  
In pastures fresh you make me feed,  
beside the living stream.  
You bring my wand'ring spirit back  
when I forsake your ways,  
and lead me, for your mercy's sake,  
in paths of truth and grace.
- 2 When I walk through the shades of death,  
your presence is my stay;  
one word of your supporting breath  
drives all my fears away.  
Your hand, in sight of all my foes,  
does still my table spread;  
my cup with blessings overflows,  
your oil anoints my head.
- 3 The sure provisions of my God  
attend me all my days;  
oh, may your house be my abode  
and all my work be praise.  
Here would I find a settled rest,  
while others go and come;  
no more a stranger or a guest,  
but like a child at home.

Second Reading:

Ephesians 5:8–14

*Reader* A reading from the Letter of Paul to the Ephesians.

<sup>8</sup> For once you were darkness, but now in the Lord you are light. Live as children of light — <sup>9</sup> for the fruit of the light is found in all that is good and right and true. <sup>10</sup> Try to find out what is pleasing to the Lord. <sup>11</sup> Take no part in the unfruitful works of darkness, but instead expose them. <sup>12</sup> For it is shameful even to mention what such people do secretly; <sup>13</sup> but everything exposed by the light becomes visible, <sup>14</sup> for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!  
Rise from the dead,  
and Christ will shine on you.”

*Reader* The Word of the Lord.

*People* **Thanks be to God.**

**Gradual Hymn #360 “Bless the Lord, My Soul”**

Psalm 103:1–2; paraphrase by Taizé Community (France)

Bless the Lord, my soul,  
and bless God’s holy name.  
Bless the Lord, my soul,  
who leads me into life.

***Repeat as needed.***

Holy Gospel:

John 9:1–41

*Subdeacon* The Lord be with you.

*People* **And also with you.**

*Subdeacon* The Holy Gospel of our Lord Jesus Christ according to John.

*People* **Glory to you, Lord Jesus Christ.**

<sup>1</sup> As [Jesus] walked along, he saw a man blind from birth. <sup>2</sup> His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” <sup>3</sup> Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. <sup>4</sup> We must work the works of him who sent me while it is day; night is coming when no one can work. <sup>5</sup> As long as I am in the world, I am the light of the world.” <sup>6</sup> When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, <sup>7</sup> saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. <sup>8</sup> The neighbours and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” <sup>9</sup> Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” <sup>10</sup> But they kept asking him, “Then how were your eyes opened?” <sup>11</sup> He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” <sup>12</sup> They said to him, “Where is he?” He said, “I do not know.”

<sup>13</sup> They brought to the Pharisees the man who had formerly been blind. <sup>14</sup> Now it was a sabbath day when Jesus made the mud and opened his eyes. <sup>15</sup> Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” <sup>16</sup> Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. <sup>17</sup> So they said again to the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

<sup>18</sup> The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight <sup>19</sup> and asked them, “Is this your son, who you say was born blind? How then does he now see?” <sup>20</sup> His parents answered,

## 6

“We know that this is our son, and that he was born blind; <sup>21</sup> but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” <sup>22</sup> His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. <sup>23</sup> Therefore his parents said, “He is of age; ask him.”

<sup>24</sup> So for the second time they called the man who had been blind, and they said to him, “Give glory to God! We know that this man is a sinner.” <sup>25</sup> He answered, “I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see.” <sup>26</sup> They said to him, “What did he do to you? How did he open your eyes?” <sup>27</sup> He answered them, “I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?” <sup>28</sup> Then they reviled him, saying, “You are his disciple, but we are disciples of Moses. <sup>29</sup> We know that God has spoken to Moses, but as for this man, we do not know where he comes from.” <sup>30</sup> The man answered, “Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. <sup>31</sup> We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. <sup>32</sup> Never since the world began has it been heard that anyone opened the eyes of a person born blind. <sup>33</sup> If this man were not from God, he could do nothing.” <sup>34</sup> They answered him, “You were born entirely in sins, and are you trying to teach us?” And they drove him out.

<sup>35</sup> Jesus heard that they had driven him out, and when he found him, he said, “Do you believe in the Son of Man?” <sup>36</sup> He answered, “And who is he, sir? Tell me, so that I may believe in him.” <sup>37</sup> Jesus said to him, “You have seen him, and the one speaking with you is he.” <sup>38</sup> He said, “Lord, I believe.” And he worshipped him. <sup>39</sup> Jesus said, “I came into this world for judgement so that those who do not see may see, and those who do see may become blind.” <sup>40</sup> Some of the Pharisees near him heard this and said to him, “Surely we are not blind, are we?” <sup>41</sup> Jesus said to them, “If you were blind, you would not have sin. But now that you say, ‘We see,’ your sin remains.

*Subdeacon* The Gospel of Christ.

*People* **Praise to you, Lord Jesus Christ.**

Sermon

*A time for silent reflection is kept.*

**The Apostles' Creed**

page 189

*Celebrant* Let us confess the faith of our baptism, as we say,

*People* **I believe in God, the Father almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.  
Amen.**

**The Prayers of the People**

*Leader* We pray to you, Lord.

*People* **Lord, have mercy.**

**Confession and Absolution**

page 191

*Celebrant* Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

*Silence is kept.*

*Celebrant* Most merciful God,

*People* **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

*Celebrant* Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

**The Peace**

page 192

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

# 8

## The Celebration of the Eucharist

### Offertory Hymn #397 "Praise the One Who Breaks"

Text by Rusty Edwards

- |   |   |
|---|---|
| <p>1 Praise the one who breaks the darkness<br/>with a liberating light.<br/>Praise the one who frees the prisoners,<br/>turning blindness into sight.<br/>Praise the one who preached the gospel,<br/>healing every dread disease,<br/>calming storms and feeding thousands<br/>with the very bread of peace.</p> <p>2 Praise the one who blessed the children<br/>with a strong yet gentle word.<br/>Praise the one who drove out demons<br/>with a piercing two-edged sword.<br/>Praise the one who brings cool water<br/>to the desert's burning sand.<br/>From this well comes living water,<br/>quenching thirst in every land.</p> | <p>3 Praise the one true love incarnate:<br/>Christ who suffered in our place.<br/>Jesus died and rose for many<br/>that we may know God by grace.<br/>Let us sing for joy and gladness,<br/>seeing what our God has done.<br/>Praise the one redeeming glory,<br/>praise the One who makes us one.</p> |
|---|---|

### The Prayer over the Gifts

*Celebrant* Let us pray.

*People* **God of light, your Word brings to us a new vision of your glory. Accept our offering of praise and thanksgiving, through Jesus Christ our Lord. Amen.**

### Eucharistic Prayer #3

Proper Preface Lent 1

page 198

page 220

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

*Celebrant* Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the

eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore we raise our voices to you in praise to proclaim the glory of your name.

*People*

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.**

Hymn #689

**Blessed is He who comes in the name of the Lord. Hosanna in the highest.**

*Celebrant*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

*People*

**we remember his death, we proclaim his resurrection, we await his coming in glory;**

*Celebrant*

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## Prayer for anointing

### The Lord's Prayer [Hymn #684]

*Celebrant* And now, as our Saviour Christ has taught us, we are bold to sing,

*People* **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, forever and ever. Amen.**

### The Breaking of the Bread #7

page 213

*Celebrant* We break this bread,

*People* **Communion in Christ's body once broken.**

*Celebrant* Let your Church be the wheat which bears its fruit in dying.

*People* **If we have died with him, we shall live with him; if we hold firm, we shall reign with him.**

### Lamb of God [Hymn #690]

page 226

*People* **Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
have mercy on us.**

**Lamb of God, you take away the sins of the world:  
grant us peace.**

### The Communion

page 213

*Celebrant* The gifts of God for the People of God.

*People* **Thanks be to God.**

### Prayer for Spiritual Communion

*Celebrant* Dear friends, if you are present or elsewhere and are unable to receive the sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let us pray.

*People* **Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your**

# 11

**liberating love, overthrow all that threatens or disrupts the justice and truth of the reign of God. In your name I pray. Amen.**

*All baptized persons are welcome to receive Holy Communion.*

## **Communion Hymn “Jesus, Tempted in the Desert”**

Text by Herman Stuempfle  
Tune Hymn #35 Beach Spring

- |   |   |
|---|---|
| <p>1 Jesus, tempted in the desert,<br/>lonely, hungry, filled with dread:<br/>“Use your power,” the tempter tells him;<br/>“turn these barren rocks to bread!”<br/>“Not alone by bread,” he answers,<br/>“can the human heart be filled.<br/>Only by the Word that calls us<br/>is our deepest hunger stilled!”</p> <p>2 Jesus, tempted at the temple,<br/>high above its ancient wall:<br/>“Throw yourself from lofty turret;<br/>angels wait to break your fall!”<br/>Jesus shuns such empty marvels,<br/>feats that fickle crowds request:<br/>“God, whose grace protects, preserves us,<br/>we must never vainly test.”</p> | <p>3 Jesus, tempted on the mountain<br/>by the lure of vast domain:<br/>“Fall before me! Be my servant!<br/>Glory, fame, you’re sure to gain!”<br/>Jesus sees the dazzling vision,<br/>turns his eyes another way:<br/>“God alone deserves our homage!<br/>God alone will I obey!”</p> <p>4 When we face temptation’s power,<br/>Lonely, struggling, filled with dread,<br/>Christ, who knew the tempter’s hour,<br/>come and be our living bread.<br/>By your grace, protect, preserve us<br/>lest we fall, your trust betray.<br/>Yours, above all other voices,<br/>be the Word we hear, obey.</p> |
|---|---|

## **Prayer after Communion**

page 292

*People* **Father,**  
**through your goodness we receive your Son in word and sacrament. May we  
always have faith in him, Jesus Christ the Lord. Amen**

## **Prayer for Anointing**

## **Prayer of Thanksgiving**

page 214

*Celebrant* All your works praise you, O Lord.

*People* **And your faithful servants bless you.**

**Gracious God we thank you for feeding us with the body and blood of your Son  
Jesus Christ. May we, who share his body, live his risen life; we, who drink his  
cup, bring life to others; we, whom the Spirit lights, give light to the world.**

# 12

**Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.**

## **Blessing**

## **Dismissal**

*Subdeacon* Go in peace as we walk our Lenten journey; reflect; pray; continue to love and serve the Lord.

*People* **Thanks be to God.**

## **Recessional Hymn #438 "O Jesus, I Have Promised"**

Text by John Ernest Bode

- |  |   |
|--|---|
| <p>1 O Jesus, I have promised<br/>to serve thee to the end;<br/>be thou forever near me,<br/>my Master and my Friend.<br/>I shall not fear the battle<br/>if thou art by my side,<br/>nor wander from the pathway<br/>if thou wilt be my guide.</p> <p>2 O let me feel thee near me:<br/>the world is ever near;<br/>I see the sights that dazzle,<br/>the tempting sounds I hear;<br/>my foes are ever near me,<br/>around me and within;<br/>but, Jesus, draw thou nearer<br/>and shield my soul from sin.</p> | <p>3 O Jesus, thou hast promised<br/>to all who follow thee,<br/>that where thou art in glory<br/>there shall thy servant be;<br/>and, Jesus, I have promised<br/>to serve thee to the end!<br/>O give me grace to follow,<br/>my Master and my Friend!</p> <p>4 O let me see thy footmarks<br/>and in them plant my own:<br/>my hope to follow duly<br/>is in thy strength alone.<br/>O guide me, call me, draw me,<br/>uphold me to the end;<br/>and then in heaven receive me,<br/>my Saviour and my Friend.</p> |
|--|---|

***Please join us in the parish hall for refreshments following the service.***

## Today's Scripture Readings

### Fourth Sunday in Lent

1 Samuel 16:1-13  
 Psalm 23  
 Ephesians 5:8-14  
 John 9:1-41

## Next Sunday's Scripture Readings

### Fifth Sunday in Lent

Ezekiel 37:1-14  
 Psalm 130  
 Romans 8:6-11  
 John 11:1-45

## We Remember in Prayer Today and This Week . . .

### Congregation Cycle

Anne S  
 Ashok S  
 Michael S & Michelle T  
 Raj & Roshni S  
 Kien & Anna S

### Celebrant and Preacher

The Rev. Leonard Leader

Assisting Clergy Fr. Pierre Niyongere

Intercessor Laura Pummell

Reader Hazel Perkin

Server Truman Jian

Videographer Egan Done

### Organist

Michael Leach

Anointer

Margie Lyttle

Altar Guild

Margie Lyttle

Usher

Ann-Marie Waithe Powell

Duty Warden

Craig Robertson

Coffee Hour Hosts

Geraldine & Alan Sperling

## **Territorial Acknowledgement**

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

## **Instructions**

The Common Cup is an important symbol in our Anglican tradition. It has been emphasized that receiving the consecrated bread alone is complete in itself, so those who aren't comfortable drinking from the Common Cup don't need to. The cup is now being offered to people who wish to return to drinking from the Common Cup.

For the time being, the parish leadership has decided to continue contact tracing, and ask that we continue wearing masks for the safety of others.

Please follow the Priest's and Usher's instructions for the service; and be respectful of everyone's comfort level with physical distancing and contact.

Thank you for joining us. Stay Safe