

July 16, 2023

Seventh Sunday after Pentecost (Proper 15)

10:00 a.m. - Sung Eucharist

Welcome

Hearing Assistive Devices and Large Print service leaflets are available Please ask an usher for assistance



The Gathering of the Community

Processional Hymn #320 "Ye Watchers and Ye Holy Ones"

Text by J. Athelstan L. Riley

- Ye watchers and ye holy ones, bright seraphs, cherubim, and thrones, raise the glad strain: alleluia! Cry out, dominions, princedoms, powers, virtues, archangels, angels' choirs: alleluia, alleluia, alleluia, alleluia, alleluia.
- O higher than the cherubim, more glorious than the seraphim, lead their praises: alleluia! Thou bearer of the eternal Word, most gracious, magnify the Lord: alleluia, alleluia, alleluia, alleluia, alleluia.
- 3 Respond, ye souls in endless rest, forebears in faith and prophets blest:
 alleluia, alleluia!
 Ye holy twelve, ye martyrs strong, all saints triumphant, raise the song: alleluia, alleluia,
- 4 O friends, in gladness let us sing supernal anthems echoing: alleluia, alleluia!

 To God the Father, God the Son, and God the Spirit, Three- in-One: alleluia, alleluia, alleluia.

alleluia, alleluia, alleluia.

Greeting and Collect for Purity

page 185

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People And also with you.
Celebrant Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are

hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name;

through Christ our Lord. Amen.

Glory to God [Hymn #686]

page 186

Celebrant Glory to God in the highest,

People and peace to his people on earth.

Lord God, heavenly king, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

Collect of the Day

Celebrant Let us pray.

People

Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Word

First Reading: Genesis 25:19–34

Reader A reading from the Book of Genesis.

¹⁹ These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, ²⁰ and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. ²¹ Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. ²² The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. ²³ And the Lord said to her,

"Two nations are in your womb,

and two peoples born of you shall be divided;

one shall be stronger than the other,

the elder shall serve the younger."

²⁴ When her time to give birth was at hand, there were twins in her womb. ²⁵ The first came out red, all his body like a hairy mantle; so they named him Esau. ²⁶ Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

²⁷ When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. ²⁸ Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

²⁹ Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. ³⁰ Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) ³¹ Jacob said, "First sell me your birthright." ³² Esau said, "I am about to die; of what use is a birthright to me?" ³³ Jacob said, "Swear to me first." So he

swore to him, and sold his birthright to Jacob. ³⁴Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader The Word of the Lord.
People Thanks be to God.

Psalm 119:105-112 (Nun)

- 105 Your word is a lantern to my feet and a light upon my path.
- 106 I have sworn and am determined to keep your righteous judgements.
- 107 I am deeply troubled; preserve my life, O Lord, according to your word.
- 108 Accept, O Lord, the willing tribute of my lips, and teach me your judgements.

- 109 My life is always in my hand, yet I do not forget your law.
- 110 The wicked have set a trap for me, but I have not strayed from your commandments.
- 111 Your decrees are my inheritance for ever; truly, they are the joy of my heart.
- 112 I have applied my heart to fulfil your statutes for ever and to the end.

As of old, O Lord our God, you gave commandments to make one nation just and true, so by your incarnate Word you make all peoples one in grace and in the perfect freedom of your service. We give thanks to you through Jesus Christ our Lord. Amen.

Second Reading: Romans 8:1–11

Reader A reading from the Letter of Paul to the Romans.

¹There is therefore now no condemnation for those who are in Christ Jesus. ² For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. ³ For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, ⁴ so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. ⁵ For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶ To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷ For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, ⁸ and those who are in the flesh cannot please God.

⁹ But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰ But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. ¹¹ If

the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader The Word of the Lord.
People Thanks be to God.

Gospel Acclamation: Alleluia

Holy Gospel: Matthew 13:1–9,18–23

Subdeacon The Lord be with you. People And also with you.

Subdeacon The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Jesus Christ.

¹That same day Jesus went out of the house and sat beside the lake. ² Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. ³ And he told them many things in parables, saying: "Listen! A sower went out to sow. ⁴ And as he sowed, some seeds fell on the path, and the birds came and ate them up. ⁵ Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. ⁶ But when the sun rose, they were scorched; and since they had no root, they withered away. ⁷ Other seeds fell among thorns, and the thorns grew up and choked them. ⁸ Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. ⁹ Let anyone with ears listen!"

¹⁸ "... Hear then the parable of the sower. ¹⁹ When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. ²⁰ As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; ²¹ yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. ²² As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. ²³ But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Subdeacon The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Sermon

A time for silent reflection is kept.

The Apostle's Creed

Hymn #44 "I Believe in God Almighty"

- I believe in God almighty, Father of all things that be, maker of the earth and heavens, keeper of the sky and sea. I believe in God's Son, Jesus, now for us both Lord and Christ, of the Spirit and of Mary born to bring abundant life.
- I believe that Jesus suffered, scourged and scorned and crucified; taken from the cross, was buried—true life there had truly died.
 I believe that on the third day
 Christ was raised up from the grave, then ascended to God's right hand.
 He will come to judge and save.

Paraphrase by Sylvia G. Dunstan

3 I believe in God's own Spirit,
bonding all the saints within
one Church, catholic, and holy,
where forgiveness frees from sin;
in the body's resurrection,
for the breaking of death's chain
gives the life that's everlasting:
this the faith that I have claimed.

The Prayers of the People

Leader Lord, in your mercy, People Hear our prayer.

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace page 192

Celebrant The peace of the Lord be always with you.

People And also with you.

The Celebration of the Eucharist

Offertory Hymn #513 "Guide My Feet"

1 Guide my feet while I run this race. Guide my feet while I run this race. Guide my feet while I run this race, for I don't want to run this race in vain!

- Hold my hand
 while I run this race.
 Hold my hand
 while I run this race.
 Hold my hand
 while I run this race,
 for I don't want to run this race in vain!
- Stand by me
 while I run this race.
 Stand by me
 while I run this race.
 Stand by me
 while I run this race,
 for I don't want to run this race in vain!

Text from African-American spiritual

- 4 I'm your child
 while I run this race.
 I'm your child
 while I run this race.
 I'm your child
 while I run this race,
 for I don't want to run this race in
 vain!
- 5 Search my heart
 while I run this race.
 Search my heart
 while I run this race.
 Search my heart
 while I run this race,
 for I don't want to run this race in
 vain!

Repeat stanza 1

The Prayer over the Gifts

Celebrant Let us pray.

Father, your word creates in us a yearning for your kingdom. Receive all we People

offer you this day, and keep us in your peace; for the sake of Jesus Christ the

Lord. Amen.

Eucharistic Prayer #3 page 198

Proper Preface The Lord's Day 3 page 218

Celebrant The Lord be with you. People And also with you. Celebrant Lift up your hearts.

We lift them to the Lord. People

Celebrant Let us give thanks to the Lord our God. People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth; by water and the

Holy Spirit you have made us a holy people in Jesus Christ our Lord; you renew that mystery in bread and wine and nourish us, to show forth your glory in all

the world.

Therefore with angels and archangels, and with all the holy people who have served you in every age, we raise our voices to proclaim the glory of your name.

People Holy, holy, holy Lord, God of power and might, heaven and earth are full of vour glory. Hosanna in the highest. Michael

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Leach

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life. On the night he was handed over to suffering and death, a death he freely

accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant,

which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

People we remember his death, we proclaim his resurrection, we await his coming in

glory;

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all;

presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be

sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer [Michael Leach]

Celebrant As our Saviour taught us, let us pray,

People

Our Father in heav'n, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread #4

page 212

Celebrant "I am the bread which has come down from heaven," says the Lord.

People Give us this bread for ever.

Celebrant "I am the vine, you are the branches."

People May we dwell in him, as he lives in us.

Lamb of God [Michael Leach]

People Lamb of God, you take away the sins of the world:

have mercy on us, have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us, have mercy on us.

Lamb of God, you take away the sins of the world:

grant us your peace, grant us your peace.

The Communion page 213

Celebrant The gifts of God for the People of God.

People Thanks be to God.

Prayer for Spiritual Communion

Celebrant Dear friends, if you are present or elsewhere and are unable to receive the

sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let

us pray.

People Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my

wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of

the reign of God. In your name I pray. Amen.

All baptized persons are welcome to receive Holy Communion.

Communion Hymn #564 "Lead Us, Heavenly Father, Lead Us"

Text by James Edmeston

1 Lead us, heavenly Father, lead us o'er the world's tempestuous sea; guard us, guide us, keep us, feed us, for we have no help but thee; yet possessing every blessing if our God our Father be.

Saviour, breathe forgiveness o'er us; all our weakness thou dost know; thou didst tread this earth before us, thou didst feel its keenest woe; lone and dreary, faint and weary, through the desert thou didst go. 3 Spirit of our God, descending, fill our hearts with heavenly joy, love with every passion blending, pleasure that can never cloy; thus provided, pardoned, guided, nothing can our peace destroy.

Prayer after Communion

Celebrant Let us pray.

People Living God, in this sacrament we have shared in your eternal kingdom. May we who taste this mystery forever serve you in faith, hope, and love. We ask this in the name of Jesus Christ the Lord. Amen.

Doxology [Michael Leach]

People

Glory to God, whose power, working in us, can do infinitely more, infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, in the Church and in Christ Jesus, for ever and ever, for ever and ever. Amen, Amen.

Doxology [Michael Leach]

People

Glory to God, whose power, working in us, can do infinitely more, infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, in the Church and in Christ Jesus, for ever and ever, for ever and ever. Amen, Amen.

Blessing

Dismissal

Subdeacon Go in peace to love and serve the Lord.

People Thanks be to God.

Recessional Hymn #357 "Let All the World in Every Corner Sing"

Text by George Herbert

- 1 Let all the world in every corner sing: my God and King! The heavens are not too high, his praise may thither fly; the earth is not too low, his praises there may grow. Let all the world in every corner sing: my God and King!
- 2 Let all the world in every corner sing: my God and King! The church with psalms must shout, no door can keep them out; but, above all, the heart must bear the longest part. Let all the world in every corner sing, my God and King!

Please join us for refreshments following the service.

Today's Scripture Readings

Seventh Sunday after Pentecost

Genesis 25:19-34 Psalm 119:105-112 Romans 8:1-11 Matthew 13:1-9,18-23

Next Sunday's Scripture Readings

Eighth Sunday after Pentecost

Genesis 28:10-19a Psalm 139:1-11,22-23 Romans 8:12-25 Matthew 13:24-30,36-43

We Remember in Prayer Today and This Week . . .

Congregation Cycle

Shirley H / Chioma I / Sumedh J & Pearl S / Truman J / Elvine J

Celebrant & Preacher

The Rev. Canon Victor Li

Subdeacon Margie Lyttle

Intercessor Geraldine Sperling Reader Ravi Andrews

Server Truman Jian
Videographer Egan Done

Organist Michael Leach

Usher Ann-Marie Waithe Powell

Duty Warden Craig Robertson
Lemonade on the Lawn Hosts

TERRITORIAL ACKNOWLEDGEMENT

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.