

February 4, 2024

Last Sunday after Epiphany (Proper 6)

10:00 a.m. – Black History Month Service

Welcome

*Hearing Assistive Devices and Large Print service leaflets are available
Please ask an usher for assistance*



2

The Gathering of the Community

Musical Prelude

Opening Hymn #484 "In Christ There Is No East or West"

Text by John Oxenham

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|---|--|
| 1 In Christ there is no east or west,
in Christ no south or north,
but one great fellowship of love
throughout the whole wide earth. | 3 Join hands, disciples of the faith,
whate'er your race may be;
who serves my God in truth and love
is surely kin to me. |
| 2 In Christ shall true hearts everywhere
their high communion find,
whose service is the golden cord
close-binding humankind. | 4 In Christ now meet both east and
west,
in Christ meet south and north;
all faithful souls are joined in one
throughout the whole wide earth. |

Greeting and Collect for Purity

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Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

People **And also with you.**

Celebrant Almighty God,

People **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

Song "Lift Every Voice and Sing"

Text by James W. Johnson

- 1 Lift every voice and sing till earth and heaven ring,
ring with the harmonies of liberty.
Let our rejoicing rise high as the list'ning skies,
let it resound loud as the rolling sea.
Sing a song full of the faith that the dark past has taught us;
sing a song full of the hope that the present has brought us;
facing the rising sun of our new day begun,
let us march on till victory is won.

3

- 2 Stony the road we trod, bitter the chast'ning rod,
felt in the days when hope unborn had died;
yet with a steady beat, have not our weary feet
come to the place for which our parents sighed?
We have come over a way that with tears has been watered;
we have come, treading our path through the blood of the slaughtered,
out from the gloomy past, till now we stand at last
where the white gleam of our bright star is cast.
- 3 God of our weary years, God of our silent tears,
thou who hast brought us thus far on the way;
thou who hast by thy might led us into the light,
keep us forever in the path, we pray.
Lest our feet stray from the places, our God, where we met thee;
lest, our hearts drunk with the wine of the world, we forget thee;
shadowed beneath thy hand, may we forever stand,
true to our God, true to our native land.

Collect of the Day

Celebrant Let us pray.

People **Merciful Lord,
grant to your faithful people pardon and peace, that we may be cleansed from
all our sins and serve you with a quiet mind; through Jesus Christ our Lord,
who is alive and reigns with you and the Holy Spirit, one God, now and for
ever. Amen.**

The Proclamation of the Word

First Reading:

ISAIAH 40:21-31

Reader A reading from the Book of Leviticus.

²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? ²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who

brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. ²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 147:1–7

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|---|--|
| <p>1 Hallelujah!
How good it is to sing praises to our God!
how pleasant it is to honour him with praise!</p> <p>2 The Lord rebuilds Jerusalem,
he gathers the exiles of Israel.</p> <p>3 He heals the brokenhearted
and binds up their wounds.</p> <p>4 He counts the number of the stars
and calls them all by their names.</p> <p>5 Great is our Lord and mighty in power;
there is no limit to his wisdom.</p> <p>6 The Lord lifts up the lowly,
but casts the wicked to the ground.</p> <p>7 Sing to the Lord with thanksgiving;
make music to our God upon the harp.</p> | <p>8 He covers the heavens with clouds and
prepares rain for the earth;</p> <p>9 He makes grass to grow upon the mountains
and green plants to serve mankind.</p> <p>10 He provides food for flocks and herds
and for the young ravens when they cry.</p> <p>11 He is not impressed by the might of a horse,
he has no pleasure in the strength of a man.</p> <p>12 But the Lord has pleasure in those who
fear him,
in those who await his gracious
favour.</p> <p>21C Hallelujah!</p> |
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God of the universe, Lord of life, give us grace to see you in all your works, in all creatures, all people, and in our hearts, that we may faithfully serve you and worthily praise your holy name, through Jesus Christ our Lord. Amen.

Second Reading:

I Corinthians 9:16-23

Reader A reading from the First Letter of Paul to the Corinthians.

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

Hymn "Halle, Halle, Halle"

Text from traditional liturgical text

Halle, halle, hallelujah!
 Halle, halle, hallelujah!
 Halle, halle, hallelujah!
 Hallelujah! Hallelujah!

Repeat

Holy Gospel:

Mark 1:29-39

Subdeacon The Lord be with you.

People **And also with you.**

Subdeacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory to you, Lord Jesus Christ.**

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door.

6

And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Subdeacon The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Reflection – Rev. Vinaya Dumpala

Song sung by Chimereze Henry Ahunanya

The Apostles' Creed

page 189

Celebrant Let us confess the faith of our baptism, as we say,

People **I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Amen.**

The Prayers of the People

Leader Lord, in your mercy,

People **Hear our prayer.**

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

People **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved**

you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

page 192

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Poem read by Clavel Lyttle

The Celebration of the Eucharist

Offertory Hymn #513 "Guide My Feet"

Text from African-American spiritual

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|--|--|
| <p>1 Guide my feet while I run this race.
Guide my feet while I run this race.
Guide my feet while I run this race,
for I don't want to run this race in vain!</p> | <p>4 I'm your child while I run this race.
I'm your child while I run this race.
I'm your child while I run this race,
for I don't want to run this race in vain!</p> |
| <p>2 Hold my hand while I run this race.
Hold my hand while I run this race.
Hold my hand while I run this race,
for I don't want to run this race in vain!</p> | <p>5 Search my heart while I run this race.
Search my heart while I run this race.
Search my heart while I run this race,
for I don't want to run this race in vain!</p> |
| <p>3 Stand by me while I run this race.
Stand by me while I run this race.
Stand by me while I run this race,
for I don't want to run this race in vain!</p> | <p><i>Repeat stanza 1</i></p> |

The Prayer over the Gifts

Celebrant Let us pray.

People **God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. Amen.**

Eucharistic Prayer #2

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people.

He chose to bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence.

Now with all creation we raise our voices to proclaim the glory of your name.

People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Michael Leach

Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Celebrant

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church.

Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer [Michael Leach]

Celebrant As our Saviour taught us, let us pray,

People **Our Father in heav'n, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.**

The Breaking of the Bread #4

page 212

Celebrant "I am the bread which has come down from heaven," says the Lord.

People **Give us this bread for ever.**

Celebrant "I am the vine, you are the branches."

People **May we dwell in him, as he lives in us.**

Lamb of God [Michael Leach]

People **Lamb of God, you take away the sins of the world:
have mercy on us, have mercy on us.**

**Lamb of God, you take away the sins of the world:
have mercy on us, have mercy on us.**

**Lamb of God, you take away the sins of the world:
grant us your peace, grant us your peace.**

The Communion

page 213

Celebrant The gifts of God for the People of God.

People **Thanks be to God.**

Prayer for Spiritual Communion

Celebrant Dear friends, if you are present or elsewhere and are unable to receive the sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let us pray.

People **Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of the reign of God. In your name I pray. Amen.**

All baptized persons are welcome to receive Holy Communion.

10

Song “The Lord’s My Shepherd” (tune Happy Wanderer)

1 The Lord’s my Shepherd I’ll not want, He makes me down to lie, in pastures green He leadeth me the quiet waters by

Chorus:

He lives, He lives, He lives,
I know that my redeemer lives, He lives, He lives,
He lives within my heart

2 Yey though I walk through death’s dark veil, yet will I feel no ill for thou are with me and thy rod and staff me comfort still. (chorus)

3 My table thou hast furnished in presence of my foes my head thou doest with oil anoint and my cup overflows (chorus) Goodness and mercy all my life will surely follow me and in God’s house forever more my dwelling place shall be. (chorus)

Prayer after Communion

Celebrant Let us pray.

People **Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. Amen.**

Doxology [Michael Leach]

People **Glory to God, whose power, working in us, can do infinitely more, infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, in the Church and in Christ Jesus, for ever and ever, for ever and ever. Amen, Amen.**

Drumming by the Ngoma Ensemble

Blessing

Recessional Hymn #371 "To God Be the Glory"

Text by Fanny Crosby

1 To God be the glory, who great things
has done!
God so loved the world, freely sending
the Son,
who yielded his life an atonement for
sin,
And opened the life gate that all may go
in.

2 O perfect redemption, the purchase of
blood,
to every believer the promise of God:
that when the offender, repenting,
believes,
through Jesus' atonement, God's pardon
receives.

Refrain

Refrain: Praise the Lord! Praise the
Lord!
Let the earth hear God's voice.
Praise the Lord! Praise the
Lord!
Let the people rejoice!
O come to the Father
through Jesus the Son,
and give God the glory,
who great things has done!

3 Great things God has taught us, great
things God has done,
and great our rejoicing through Jesus the
Son;
but purer and higher and greater will be
our wonder, our gladness when Jesus we
see!

Refrain

Dismissal

Subdeacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

Please join us in the Parish Hall for refreshments following the service.

Today's Scripture Readings

Black History Month Service

Isaiah 40:21-31

Psalms 147:1-12, 21C

1 Corinthians 9:16-23

Mark 1:29-39

Next Sunday's Scripture Readings

Last Sunday after the Epiphany

2 Kings 2:1-12

Psalms 50:1-6

2 Corinthians 4:3-6

Mark 9:2-9

We Remember in Prayer Today and This Week . . .

Congregation Cycle

Cliff O / Azibola O / Godfrey O / Damiana P / Randall P

Celebrant & Preacher	The Rev. Vinaya Dumpala	Videographer	Egan Done
Subdeacon	Margie Lyttle	Altar Guild	Margie Lyttle
Intercessor	Geraldine Sperling	Usher	Ann-Marie Waithe Powell
Readers	Rudy Powell	Welcome Table	Lorraine Baillie
Organist	Michael Leach	Coffee Hour Hosts	Colette Lyttle and Team

Planning Committee: Colette Lyttle, Clavel Lyttle, Margie Lyttle, Ann-Marie Waithe-Powell.

Ngoma Ensemble - "**Ngoma** Dance and Drum **Ensemble**. This collective captures the essence of their cultural heritage through music, song, and dance with a distinctive new vibe".

Territorial Acknowledgement

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.