

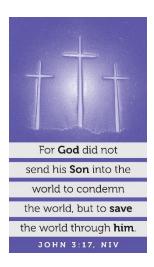
March 10, 2024

Fourth Sunday in Lent

10:00 a.m. - Sung Eucharist

Welcome

Hearing Assistive Devices and Large Print service leaflets are available Please ask an usher for assistance



The Gathering of the Community

Processional Hymn "Again We Keep This Solemn Fast"

Tune Hymn #349 Old 100th

Ex more docti mystico; ascribed to Gregory the Great; translation by Peter J. Scagnelli

- Again we keep this solemn fast A gift of faith from ages past, This Lent which bids us lovingly To faith and hope and charity.
- The law and prophets from of old In figured ways this Lent foretold, Which Christ, all ages' Lord and Guide, In these last days has sanctified.
- 3 More sparing, therefore, let us make The words we speak, the food we take, Our sleep, our laughter, ev'ry sense; Learn peace through holy penitence.

- 4 Let us avoid each harmful way That lures the careless mind astray; By watchful prayer our spirits free From scheming of the Enemy.
- We pray, O blessed Three in One, Our God while endless ages run, That this, our Lent of forty days, May bring us growth and give you praise.

Greeting

Celebrant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the

Holy Spirit, be with you all.

People And also with you.

Celebrant Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Collect for Purity

Celebrant Almighty God,

People to you all hearts are open, all desires known, and from you no secrets are

hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name;

through Christ our Lord. Amen.

Kyrie Eleison [Michael Leach]

Cantor Kyrie eleison.

People Kyrie eleison. Kyrie eleison.

Cantor Christe eleison.

People Christe eleison. Christe eleison.

Cantor Kyrie eleison.

People Kyrie eleison. Kyrie eleison.

Collect of the Day

Celebrant Let us pray.

People

Gracious Father, whose blessed Son Jesus Christ came from heaven to be the true bread which gives life to the world, evermore give us this bread, that he may live in us, and we in him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Proclamation of the Word

First Reading: Numbers 21:4–9

Reader A reading from the Book of Numbers.

⁴ From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. ⁵ The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." ⁶ Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. ⁷ The people came to Moses and said, "We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us." So Moses prayed for the people. ⁸ And the Lord said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." ⁹ So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Reader The Word of the Lord.
People Thanks be to God.

Psalm 107:1-3,23-26

- Give thanks to God for he is good,
 His mercy ever stands;
 Proclaim that God has saved his own
 From their oppressor's hands.
- 2 From every land the Lord has called His own, gathered them out From eastern lands, and from the west, The north, and from the south.

Arrangement by Christopher L. Webber Tune Hymn #156 Dundee

- 3 Some went down to the sea in ships And plied their trade at sea; There they beheld the works of God, His wonders in the deep.
- God spoke, the ocean waves rose high,
 A stormy wind appeared;
 The waves rose up to heaven, fell back,
 And hearts that saw it feared.

Second Reading: Ephesians 2:1–10

Reader A reading from the Letter of Paul to the Ephesians.

¹You were dead through the trespasses and sins ² in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. ³ All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. ⁴ But God, who is rich in mercy, out of the great love with which he loved us ⁵ even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved— ⁶ and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁵ so that in the ages to come he might show the immeasurable riches of his grace in kindness towards us in Christ Jesus. ⁵ For by grace you have been saved through faith, and this is not your own doing; it is the gift of God— ⁵ not the result of works, so that no one may boast. ¹⁰ For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Reader The Word of the Lord.
People Thanks be to God.

Gradual Hymn #360 "Bless the Lord, My Soul"

Psalm 103:1–2; paraphrase by Taizé Community (France)

Bless the Lord, my soul, and bless God's holy name. Bless the Lord, my soul, who leads me into life.

Repeat as needed.

Holy Gospel: John 3:14–21

Subdeacon The Lord be with you.

People And also with you.

Subdeacon The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Jesus Christ.

¹⁴ [Jesus said,] "And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, ¹⁵ that whoever believes in him may have eternal life.

¹⁶ "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

 17 "Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. 18 Those who believe in him are not

condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. ¹⁹ And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. ²⁰ For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. ²¹ But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

Subdeacon The Gospel of Christ.

People Praise to you, Lord Jesus Christ.

Sermon

A time for silent reflection is kept.

The Apostles' Creed

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Celebrant Let us confess the faith of our baptism, as we say,

People

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Leader We pray to you, Lord. People Lord, have mercy.

Confession and Absolution

page 191

Celebrant Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Silence is kept.

Celebrant Most merciful God,

People we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We

are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. Amen.

The Peace page 192

Celebrant The peace of the Lord be always with you.

People And also with you.

The Celebration of the Eucharist

Offertory Hymn #533 "Jesus, Lover of My Soul"

Text by Charles Wesley

- 1 Jesus, lover of my soul, let me to thy bosom fly, while the nearer waters roll. while the tempest still is high. Hide me, O my Saviour, hide, till the storm of life is past; safe into the haven guide; O receive my soul at last.
- 2 Other refuge have I none; hangs my helpless soul on thee. Leave, ah! leave me not alone; still support and comfort me. All my trust on thee is stayed, all my help from thee I bring; cover my defenceless head with the shadow of thy wing.
- 3 Thou, O Christ, art all I want; more than all in thee I find! Raise the fallen, cheer the faint. heal the sick, and lead the blind. Just and holy is thy name; I am all unrighteousness: false and full of sin I am: thou art full of truth and grace.
- 4 Plenteous grace with thee is found, grace to cover all my sin; let the healing streams abound; make and keep me pure within. Thou of life the fountain art: freely let me take of thee; spring thou up within my heart; rise to all eternity.

The Prayer over the Gifts

Celebrant Let us pray.

God of mercy and compassion, your Word calls us home to faith and love. People Accept all we offer you this day, in the name of Jesus Christ the Lord. Amen.

Eucharistic Prayer #3

page 198

Proper Preface Lent 1

page 220

Celebrant The Lord be with you. And also with you. People Celebrant Lift up your hearts.

We lift them to the Lord. People

Celebrant Let us give thanks to the Lord our God. People It is right to give our thanks and praise.

Celebrant Blessed are you, gracious God, creator of heaven and earth, because you bid your faithful people to cleanse their hearts and to prepare with joy for the paschal feast; that reborn through the waters of baptism and renewed in the eucharistic mystery, we may be more fervent in prayer and more generous in the works of love.

Therefore we raise our voices to you in praise to proclaim the glory of your

People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.

Hymn #689

Blessed is the One who comes in the name of the Lord. Hosanna in the highest.

Celebrant We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

> On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

People

we remember his death, we proclaim his resurrection, we await his coming in glory;

Celebrant and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

> We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. Amen.

The Lord's Prayer [Michael Leach]

Celebrant As our Saviour taught us, let us pray,

People

Our Father in heav'n, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. And forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread #7

page 213

Celebrant We break this bread,

Communion in Christ's body once broken. People

Celebrant Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign People

with him.

Lamb of God [Hymn #690]

page 226

People

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

have mercy on us.

Lamb of God, you take away the sins of the world:

grant us peace.

The Communion page 213

Celebrant The gifts of God for the People of God.

People Thanks be to God.

Prayer for Spiritual Communion

Celebrant Dear friends, if you are present or elsewhere and are unable to receive the

sacrament at this time, I invite you to join me and the whole church in spiritual communion to receive Christ, who is present in this Sacrament of the Altar. Let

us pray.

People Lord Christ, present in the Sacrament of the altar and in your people, gathered in spirit, come and abide in my heart in the fullness of your strength; be my

in spirit, come and abide in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; transform my life and actions that they may reflect the image of your holiness; and, by the power of your liberating love, overthrow all that threatens or disrupts the justice and truth of

the reign of God. In your name I pray. Amen.

All baptized persons are welcome to receive Holy Communion. If you would rather not receive the bread and wine, please feel free to come forward for a blessing.

Communion Hymn "Jesus Christ Is Waiting"

Text by John L. Bell Tune Hymn #237 Noël Nouvelet

- Jesus Christ is waiting, waiting in the streets; no one is his neighbour, all alone he eats. Listen, Lord Jesus, I am lonely too. Make me, friend or stranger, fit to wait on you.
- Jesus Christ is raging, raging in the streets, where injustice spirals and real hope retreats. Listen, Lord Jesus, I am angry too. In the Kingdom's causes let me rage with you.
- 3 Jesus Christ is healing, healing in the streets; curing those who suffer, touching those he greets. Listen, Lord Jesus, I have pity too. Let my care be active, healing just like you.
- 4 Jesus Christ is dancing, dancing in the streets, where each sign of hatred he, with love, defeats. Listen, Lord Jesus, I should triumph too. On suspicion's graveyard let me dance with you.

Jesus Christ is calling,calling in the streets,"Who will join my journey?I will guide their feet."

Listen, Lord Jesus, let my fears be few. Walk one step before me; I will follow you.

Prayer after Communion

Celebrant Giver of life,

People

you enlighten all who come into the world. Fill our hearts with the splendour of your grace, that we may perfectly love you and worthily praise your holy name, through Jesus Christ the Lord. Amen.

Blessing

Recessional Hymn #431 "Take Up Your Cross, the Saviour Said"

Text by Charles William Everest

- Take up your cross, the Saviour said, if you would my disciple be; deny yourself, the world forsake, and humbly follow after me.
- 2 Take up your cross; let not its weight fill your weak soul with vain alarm; his strength shall bear your spirit up, and brace your heart, and nerve your arm.
- 3 Take up your cross, nor heed the shame, and let your foolish pride be still; your Lord for you endured to die upon a cross, on Calvary's hill.

- Take up your cross, then, in his strength, and calmly every danger brave: 'twill guide you to a better home and lead to victory o'er the grave.
- Take up your cross and follow Christ, nor think till death to lay it down; for only those who bear the cross may hope to wear the glorious crown.

Please remain standing as the Sanctuary Party recesses in silence.

Dismissal

Subdeacon Go in peace as we walk our Lenten journey; reflect; pray; continue to love and

serve the Lord.

People Thanks be to God.

Please join us for refreshments following the service.

Today's Scripture Readings

Fourth Sunday in Lent

Numbers 21:4-9 Psalm 107:1-3,17-22 Eph 2:1-10

John 3:14-21

Next Sunday's Scripture Readings

Fifth Sunday in Lent

Jeremiah 31:31-34
Psalm 51:1-13 or Psalm 119:9-16
Hebrews 5:5-10

John 12:20-33

We Remember in Prayer Today and This Week . . .

Congregation Cycle

Prossie N / Jackson N / Beth N / Shatohk N, Najme K, Raein N / Wilson and Evalyne, & family

Celebrant & Preacher		Videographer	Egan Done
	Rev. Vinaya Dumpala	Altar Guild	Maggie Sumner
Subdeacon	Margie Lyttle	Usher	Ann-Marie Waithe Powell
Intercessor	Geraldine Sperling	Welcome Table	Ravi Andrews
Reader	Rudy Powell	Coffee Hour Host	Nancy & Michael Dodsworth
Organist	Michael Leach	Counters	Hazel Perkin,
			Craig Robertson

Territorial Acknowledgement

The land on which we gather is the traditional territory of the Huron-Wendat, Haudenosaunee (ho-den-oh-show-nee) and Anishinabek (ah-nish-nah-bek) Nations, and the Mississaugas of the Credit First Nation. This territory was the subject of the Dish With One Spoon Wampum Belt Covenant, an agreement between the Iroquois Confederacy and the Ojibwe and allied nations to peaceably share and care for the resources around the Great Lakes. This territory is also covered by the Toronto Purchase. Today, Toronto is home to many Indigenous people from across Turtle Island.

We recognize the enduring presence of Indigenous peoples connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.